

Creative

August 2025 Southbridge London



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WILLOW Suites Activity Aide ~ Hillary sblprograms@southbridgecare.com ext. 2021					10:15 Crafts 1:30 Physio Group Exercises (Willow) 2:15 French Fry-Day	International Ice Cream Sandwich Day 10:30 Java Music 2:15 Ice Cream Sandwich Social 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 All About Watermelons	Civic Holiday 11:00 Physio Group Exercises (Cherry) 2:15 Whole Home BINGO	10:15 BINGO 11:15 Town Hall Meeting 1:30 Pet Therapy with Ellsa 1:30 Physio Group Exercises (Willow) 2:15 TV Sing-A-Long	10:15 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Trivia	2:15 Inspire 2:15 Memory Lane Room Visits 7:00 Celebration of Life Service	10:15 Movie: Musical Mary 8 Poppins Returns 1:30 Physio Group Exercises (Willow) 3:15 Manicure Social	10:30 Java Music 2:15 Music Entertainment by Susie Q 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 Root Beer Float Social	11:00 Physio Group Exercises (Cherry) 2:15 Ball Toss	10:30 Chapel Service with Chris 1:30 Pet Therapy with Ellsa 1:30 Physio Group Exercises (Willow) 2:15 BINGO	Outdoor Water Day! 10:15 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Outdoor Water Games	10:30 Manicure Social 2:15 Music Entertainment by Tara Dunphy	Visiting Library 10:15 Crafts 1:30 Physio Group Exercises (Willow) 2:15 Willow Birthday Party	10:30 Java Music 2:15 Indoor Bowling 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 Lemonade Social	10:15 Outdoor Walks 11:00 Physio Group Exercises (Cherry) 2:15 BINGO 6:00 Music on Willow Patio	Bar-B-Que Lunch Pine Patio 10:30 Chapel Service with Chris 1:30 Pet Therapy with Ellsa 1:30 Physio Group Exercises (Willow) 2:15 Dice Game: L, R, C	10:00 Shopping Trip: Giant 20 Tiger 11:00 Physio Group Exercises (Cherry) 2:15 Java Memory	10:30 Drum Circle 2:00 Poet Tree 2:15 Word Games	10:15 Manicure Social 1:30 Physio Group Exercises (Willow) 2:15 Trivia	10:30 Java Music 2:15 Whole Home BINGO 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 Popsicle Party	11:00 Physio Group Exercises (Cherry) 2:15 BINGO	9:45 Food Advisory & Residents' Council Meeting 1:30 Pet Therapy with Ellsa 1:30 Physio Group Exercises (Willow) 2:15 Music Entertainment by Cam Denomme	10:15 Java Memory 11:00 Physio Group Exercises (Cherry) 1:45 Travelogue: France	10:00 Catholic Communion 10:30 Outdoor Walks 2:15 Trivia	8:45 Breakfast Club 1:30 Physio Group Exercises (Willow) 2:15 Manicure Social	10:30 Java Music 2:15 Strawberry Daquiris Social 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 Crafts - Let's Get		- ·		. 37/1/2	All programs to ch	s are subject ange



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PINE Suites Activity Aide ~ Anju & Kalika sblprograms@southbridgecare.com ext. 2021					10:15 Montessori 11:00 Physio Group Exercises (Pine) 2:15 French Fry-Day	International Ice Cream Sandwich Day 10:30 Java Music 2:15 Ice Cream Sandwich Social
10:30 Virtual Church Service 2:15 All About Watermelons	Civic Holiday 2:15 Whole Home BINGO 6:00 Music and Fruits Social	10:30 Sing-A-Long 1:30 Pet Therapy with Ellsa 2:15 Ball Toss	10:15 Java Memory on Pine 1:30 Physio Group Exercises (Pine) 2:15 Word Games	1:30 Physio Group Exercises	11:00 Physio Group Exercises (Pine) 2:15 Manicure Social	10:30 Java Music 2:15 Music Entertainment by Susie Q
10:30 Virtual Church Service 2:15 Root Beer Float Social	10:15 BINGO 11 2:15 Trivia	10:30 Chapel Service with Chris 1:30 Pet Therapy with Ellsa 1:45 Hymn Sing 2:30 Documentary - Vinyl Record Day	Outdoor Water Day! 10:15 Java Memory on Pine 1:30 Physio Group Exercises (Pine) 2:15 Outdoor Water Games	1:30 Physio Group Exercises (Pine)	Visiting Library 10:15 Reminiscing Summer 11:00 Physio Group Exercises (Pine) 2:15 Manicure Social	2:15 Indoor Bowling
10:30 Virtual Church Service 2:15 Lemonade Social	Bar-B-Que Lunch Pine Patio 10:15 BINGO 2:15 Crafts	10:30 Chapel Service with Chris 1:30 Pet Therapy with Ellsa 3:00 Axe Throw	10:00 Shopping Trip: Giant Tiger 1:30 Physio Group Exercises (Pine) 2:15 Pine Birthday Party	10:30 Trivia	10:15 Dice Game: Left, Right, Centre 11:00 Physio Group Exercises (Pine) 2:15 Manicure Social	2:15 Whole Home
10:30 Virtual Church Service 2:15 Popsicle Party	10:15 BINGO 25 2:15 What's Cooking?	9:45 Food Advisory & Residents' Council Meeting 1:30 Pet Therapy with Ellsa 2:15 Music Entertainment by Cam Denomme	10:15 Java Memory on Pine 1:30 Physio Group Exercises (Pine) 1:45 Travelogue: France	Communion	8:45 Breakfast Club 11:00 Physio Group Exercises (Pine) 2:15 Manicure Social	10:30 Java Music 2:15 Strawberry Daquiris Social
10:30 Virtual Church Service 2:15 Crafts - Let's Get			-	- 3000		ns are subject hange



2:15 Crafts - Let's Get Creative

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OAK Suites Activity Aide ~ Teresa & Katie sblprograms@southbridgecare.com ext. 2021					10:15 Puzzles 2:15 French Fry-Day	International Ice Cream Sandwich Day 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Ice Cream Sandwich Social
10:30 Virtual Church Service 2:15 All About Watermelons	Civic Holiday 10:15 Manicure Social 1:30 Physio Group Exercises (Oak) 2:15 Whole Home BINGO	11:00 Physio Group Exercises 5 (Oak) 1:30 Pet Therapy with Ellsa 2:15 Indoor Bowling	10:15 Java Memory Oak 2:15 Crafts	11:00 Physio Group Exercises 7 (Maple) 2:15 Magnetic Darts 7:00 Celebration of Life Service	10:15 BINGO 2:15 TV Sing-A-Long	8 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Music Entertainment by Susie Q
10:30 Virtual Church Service 2:15 Root Beer Float Social	10:15 Manicure Social 1:30 Physio Group Exercises (Oak) 2:15 Movie: Mary Poppins Returns	10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Word Games	Outdoor Water Day! 13 10:15 Java Memory Oak 2:15 Outdoor Water Games	10:30 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Music Entertainment by Tara Dunphy	<u>Visiting Library</u> 10:15 Puzzles 2:15 Sort It Out	15 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Indoor Bowling
10:30 Virtual Church Service 2:15 Lemonade Social	10:15 Manicure Social 1:30 Physio Group Exercises (Oak) 2:15 Helping Hands	10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 1:30 Hymn Sing 6:00 Montessori	10:15 Java Memory Oak 20 2:15 Oak Birthday Party 6:00 Sing-A-Long with Katie	Bar-B-Que Lunch Pine Patio 10:30 BINGO 10:30 Drum Circle 11:00 Physio Group Exercises (Maple) 2:00 Poet Tree 2:15 Magnetic Darts	10:15 Puzzles 2:15 Name that Tune 6:00 Karaoke Night	1:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Whole Home BINGO 6:00 Ball Toss
10:30 Virtual Church Service 2:15 Popsicle Party 6:00 Helping Hands	10:15 Manicure Social 1:30 Physio Group Exercises (Oak) 2:15 TV Sing-A-Long	10:15 Ball Toss 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Music Entertainment by Cam Denomme 6:00 Montessori	10:15 Java Memory Oak 27 2:00 Travelogue: France 6:00 Sing-A-Long with Katie	10:00 Catholic Communion 28 10:30 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Sort It Out 6:00 Ball Toss	8:45 Breakfast Club 2:15 Puzzles 6:00 Karaoke Night	1:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Strawberry Daquiris Social
10:30 Virtual Church Service			1	· Silve		ams are subject change



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MAPLE Suites Activity Aide ~ Penny sblprograms@southbridgecare.com ext. 2021					10:15 Bingo 11:15 Sing-Along: You Say It, We Play It 2:15 French Fry-Day	International Ice Cream Sandwich Day 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Ice Cream Sandwich Social
10:30 Virtual Church Service 2:15 All About Watermelons	Civic Holiday 10:15 Axe Throw 1:30 Physio Group Exercises (Oak) 2:15 Whole Home BINGO	11:00 Physio Group Exercises 5 (Oak) 1:30 Pet Therapy with Ellsa 2:15 Manicure Social	10:15 Java Memory Maple 6 2:15 Trivia	10:15 Cards: Higher or Lower 7 11:00 Physio Group Exercises (Maple) 2:15 Board Games 7:00 Celebration of Life Service	10:15 Bingo 11:15 Townhall Meeting 2:15 Yoga & Meditation	10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Music Entertainment by Susie Q
10:30 Virtual Church Service 2:15 Root Beer Float Social	10:00 Shopping Trip: 11 Giant Tiger 1:30 Physio Group Exercises (Oak) 2:15 Crafts: Sunflowers	10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Manicure Social	Outdoor Water Day! 13 10:15 Java Memory Maple 2:15 Outdoor Water Games	11:00 Physio Group Exercises (Maple) 2:15 Music Entertainment by Tara Dunphy	Visiting Library 10:15 Bingo 11:15 Sing-Along: You Say It, We Play It 2:15 Maple Birthday Party	10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Indoor Bowling
10:30 Virtual Church Service 2:15 Lemonade Social	10:30 Inspire 1:30 Physio Group Exercises (Oak) 2:15 Fun with Words	10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Manicure Social	10:15 Java Memory Maple 2:15 Trivia	10:30 Drum Circle 10:30 Outdoor Walks 11:00 Physio Group Exercises (Maple) 2:00 Poet Tree 2:15 Board Games	Bar-B-Que Lunch Pine Patio 10:15 Bingo 2:15 Yoga & Meditation	10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Whole Home BINGO
10:30 Virtual Church Service 2:15 Popsicle Party	10:15 What's Cooking? 1:30 Physio Group Exercises (Oak) 3:00 Name that Tune	9:45 Food Advisory & Residents' Council Meeting 10:15 Manicure Social 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Music Entertainment by Cam Denomme	10:15 Java Memory 27 Maple 1:45 Travelogue: France	10:00 Catholic Communion 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits	8:45 Breakfast Club 2:15 Bingo 3:15 Sing-Along: You Say It, We Play It	1:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Strawberry Daquiris Social
10:30 Virtual Church Service		1	1 32	· NIL		s are subject ange

2:15 Crafts - Let's Get

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHERRY Suites Activity Aide ~ Shifali sblprograms@southbridgecare.com ext. 2021					10:15 Townhall Meeting 10:30 Trivia 1:30 Physio Group Exercises (Willow) 2:15 French Fry-Day	International Ice Cream Sandwich Day 10:30 Java Music 2:15 Ice Cream Sandwich Social 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 All About Watermelons	Civic Holiday 11:00 Physio Group Exercises (Cherry) 2:15 Whole Home BINGO	1:30 Pet Therapy with Ellsa 1:30 Physio Group Exercises (Willow) 2:15 BINGO 6:00 The Travel World Tour	10:15 Java Memory Cherry 6 11:00 Physio Group Exercises (Cherry) 2:15 Dice Game: Left, Right, Centre	10:15 Magnetic Darts 2:15 Crafts: Photo Props 7:00 Celebration of Life Service	10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Manicure Social	10:30 Java Music 2:15 Music Entertainment by Susie Q 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 Root Beer Float Social	10:00 Shopping Trip: Giant Tiger 11:00 Physio Group Exercises (Cherry) 2:15 Dice Game: Left, Right, Centre	10:30 Chapel Service with Chris 1:30 Pet Therapy with Ellsa 1:30 Physio Group Exercises (Willow) 2:15 BINGO	Outdoor Water Day! 10:15 Java Memory Cherry 11:00 Physio Group Exercises (Cherry) 2:15 Outdoor Water Games	10:15 Outdoor Walks 2:15 Music Entertainment by Tara Dunphy	Visiting Library 10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Manicure Social	10:30 Java Music 2:15 Indoor Bowling 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 Lemonade Social	11:00 Physio Group Exercises (Cherry) 2:15 Inspire	10:30 Chapel Service with Chris 1:30 Pet Therapy with Ellsa 1:30 Physio Group Exercises (Willow) 2:15 BINGO	Bar-B-Que Lunch Pine Patio 10:15 Java Memory Cherry 11:00 Physio Group Exercises (Cherry) 2:15 Manicure Social	10:30 Dice Game: Left, Right, Centre 10:30 Drum Circle 2:00 Poet Tree 2:15 Dance Party	10:15 Trivia 22 1:30 Physio Group Exercises (Willow) 2:15 Basketball Toss	10:30 Java Music 2:15 Whole Home BINGO 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 Popsicle Party	10:15 BINGO 25 11:00 Physio Group Exercises (Cherry) 2:15 Cherry Birthday Party	9:45 Food Advisory & Residents' Council Meeting 1:30 Pet Therapy with Ellsa 1:30 Physio Group Exercises (Willow) 2:15 Music Entertainment by Cam Denomme	10:15 Java Memory Cherry 11:00 Physio Group Exercises (Cherry) 1:45 Travelogue: France	10:00 Catholic Communion 10:30 Manicure Social 2:15 Crafts	8:45 Breakfast Club 1:30 Physio Group Exercises (Willow) 2:15 Trivia	10:30 Java Music 2:15 Strawberry Daquiris Social 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2:15 Crafts - Let's Get		- \ <u>!</u>		. 344		s are subject ange