



June 2025

Southbridge London



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Virtual Church Service 2:00 Sing-A-Long 1	10:15 Dice Game: Left, Right, Centre 2:15 Montessori 2	10:15 TV Classics 3 1:30 Pet Therapy with Ellsa 2:15 Manicure Social	10:15 Java Memory 4 1:30 Physio Group Exercises (Pine) 2:00 Documentary	10:30 Poet Tree 5 10:30 What's Your Favourite? 1:30 Physio Group Exercises (Pine) 2:15 Trivia: General Knowledge	10:15 BINGO 6 11:00 Townhall Meeting 11:00 Physio Group Exercises (Pine) 2:15 French Fry-Day	10:30 Java Music 7 2:15 Music Entertainment by Simply Saxes
10:30 Virtual Church Service 2:15 Drinks on the Patio 8	10:00 Outing: Wal-Mart 2:15 What's Cooking? 9	10:30 Chapel Service with Chris 10 1:30 Pet Therapy with Ellsa 2:15 Manicure Social	1:30 Physio Group Exercises (Pine) 11 2:15 Java Memory 5:15 Meal Program: Chick Fil A	10:30 Drum Circle 12 1:30 Physio Group Exercises (Pine) 2:15 Music Entertainment with Tara Dunphy 2:15 Trivia: Father's Day	Visiting Library 13 11:00 Physio Group Exercises (Pine) 2:15 Men's Club Pub & Grub 2:30 Crafts	10:30 Java Music 14 2:15 BINGO
Father's Day 15 10:30 Virtual Church Service 2:15 Father's Day Social	10:15 Ball Toss 16 2:15 Reading Nook 3:15 Walks	10:30 Hymn Sing 17 1:30 Pet Therapy with Ellsa 2:15 BINGO	10:15 Java Memory 18 1:30 Physio Group Exercises (Pine) 2:15 Strawberry Social & Music Entertainment by Gary McGill	10:00 Catholic Mass 19 1:30 Physio Group Exercises (Pine) 3:15 Trivia: Summer	8:45 Breakfast Club 20 11:00 Physio Group Exercises (Pine) 2:15 Pine Birthday Party	Summer Solstice 21 National Indigenous Peoples Day 10:30 Java Music 2:15 National Indigenous Peoples Day Discussion
10:30 Virtual Church Service 22 2:15 Basketball Toss	10:30 Chapel Service with Chris 23 2:15 Crafts	9:45 Food Advisory & Residents' Council Meeting 24 10:30 Walks 1:30 Pet Therapy with Ellsa 2:15 Axe Throw	10:15 Java Memory 25 1:30 Physio Group Exercises (Pine) 2:15 Manicure Social	10:00 Catholic Communion 26 11:00 Walks 1:30 Physio Group Exercises (Pine) 2:15 Trivia: June	National Bingo Day 27 11:00 Physio Group Exercises (Pine) 2:15 BINGO	National Pride Day 28 10:30 Java Music 2:15 Rainbow Popsicles on the Patio
10:30 Virtual Church Service 29 2:15 Indoor Bowling	10:15 Crafts 30 2:15 Word Games	<h3>Happy Seniors' Month</h3>		<h2>PINE Suites</h2> <h3>Activity Aide ~ Anju</h3> <p>sblprograms@southbridgecare.com ext. 2021</p>		All programs are subject to change Programs in Blue are located on the main floor Activity Room



June 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Virtual Church Service 3:30 Sing-A-Long 1	11:00 Physio Group Exercises (Cherry) 2 2:15 BINGO 3:00 Town Hall Meeting	10:30 Inspire 3 1:30 Pet Therapy with Ellsa 2:15 Dice Game: Left, Right, Centre	10:15 Java Memory Willow 4 11:00 Physio Group Exercises (Cherry) 2:00 Documentary	10:30 Poet Tree 5 10:30 Manicure Social 2:15 Trivia	10:15 Crafts 6 1:30 Physio Group Exercises (Willow) 2:15 French Fry-Day	10:30 Java Music 7 2:15 Music Entertainment by Simply Saxes 11:00 Physio Group Exercises (Willow)
10:30 Virtual Church Service 8 2:15 Drinks on the Patio	10:00 Outing: Wal-Mart 9 11:00 Physio Group Exercises (Cherry) 1:30 Physio Group Exercises (Willow) 2:15 BINGO	10:30 Chapel Service with Chris 10 1:30 Pet Therapy with Ellsa 2:15 Basketball Toss	11:00 Physio Group Exercises (Cherry) 11 2:15 Java Memory Willow 5:15 Meal Program: Chick Fil A	10:30 Drum Circle 12 2:15 Music Entertainment with Tara Dunphy	Visiting Library 13 10:15 Manicure Social 1:30 Physio Group Exercises (Willow) 2:15 Men's Club Pub & Grub 2:30 Trivia	10:30 Java Music 14 2:15 BINGO 3:15 Physio Group Exercises (Willow)
Father's Day 15 10:30 Virtual Church Service 2:15 Father's Day Social 3:15 Physio Group Exercises (Willow)	11:00 Physio Group Exercises (Cherry) 16 2:15 BINGO	10:15 Axe Throw 17 1:30 Pet Therapy with Ellsa 2:15 Manicure Social 6:15 Karaoke on 3rd fl Patio	11:00 Physio Group Exercises (Cherry) 18 2:15 Strawberry Social & Music Entertainment by Gary McGill	10:00 Catholic Mass 19 2:15 Funny Videos	8:45 Breakfast Club 20 1:30 Physio Group Exercises (Willow) 2:30 Willow Birthday Party	Summer Solstice 21 National Indigenous Peoples Day 10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 National Indigenous Peoples Day Discussion
10:30 Virtual Church Service 22 2:15 Basketball Toss	10:30 Chapel Service with Chris 23 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	9:45 Food Advisory & Residents' Council Meeting 24 10:15 Manicure Social 1:30 Pet Therapy with Ellsa 2:15 Documentary	11:00 Physio Group Exercises (Cherry) 25 2:15 Java Memory	10:00 Catholic Communion 26 10:45 Hymn Sing 2:15 Trivia	National Bingo Day 27 1:30 Physio Group Exercises (Willow) 2:15 BINGO	National Pride Day 28 10:30 Java Music 2:15 Rainbow Popsicles on the Patio 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 29 2:15 Indoor Bowling	11:00 Physio Group Exercises (Cherry) 30 2:15 BINGO	Happy Seniors' Month		Willow Suites <i>Activity Aide ~ Hillary</i> sblprograms@southbridgecare.com ext. 2021		All programs are subject to change Programs in Blue are located on the main floor Activity Room



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Virtual Church Service 3:00 Sing-A-Long 1	11:00 Physio Group Exercises (Cherry) 2 2:15 Crafts: Rainbow Wreath 5:00 Meal Program: Chick-Fil-A	10:15 BINGO 3 1:30 Pet Therapy with Ellsa 2:15 Manicure Social	10:15 Java Memory Cherry 4 11:00 Physio Group Exercises (Cherry) 2:00 Travelogue to Germany	10:30 Poet Tree 5 10:30 Memory Lane Room Visits 2:15 What's Cooking?	10:15 Town Hall Meeting 6 10:30 Trivia 1:30 Physio Group Exercises (Willow) 2:15 French Fry-Day	10:30 Java Music 7 2:15 Music Entertainment by Simply Saxes 11:00 Physio Group Exercises (Willow)
10:30 Virtual Church Service 8 2:15 Drinks on the Patio	10:30 Inspire 9 11:00 Physio Group Exercises (Cherry) 1:30 Physio Group Exercises (Willow) 2:15 Word Games	10:30 Chapel Service with Chris 10 1:30 Pet Therapy with Ellsa 2:15 BINGO	10:15 Java Memory Cherry 11 11:00 Physio Group Exercises (Cherry) 2:15 Manicure Social	10:00 Outing: Dollar Store 12 10:30 Drum Circle 2:15 Music Entertainment with Tara Dunphy	Visiting Library 13 10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Men's Club Pub & Grub	10:30 Java Music 14 2:15 BINGO 3:15 Physio Group Exercises (Willow)
Father's Day 15 10:30 Virtual Church Service 2:15 Father's Day Social	10:15 Dice Game: Left, Right, Centre 16 11:00 Physio Group Exercises (Cherry) 2:15 Axe Throw	10:15 BINGO 17 1:30 Pet Therapy with Ellsa 2:15 Manicure Social 6:15 Karaoke on 3rd fl Patio	10:15 Java Memory Cherry 18 11:00 Physio Group Exercises (Cherry) 2:15 Strawberry Social & Music Entertainment by Gary McGill	10:00 Catholic Mass 19 2:15 Disney Movie	8:45 Breakfast Club 20 1:30 Physio Group Exercises (Willow) 2:15 Trivia	Summer Solstice 21 National Indigenous Peoples Day 10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 National Indigenous Peoples Day Discussion
10:30 Virtual Church Service 22 2:15 Basketball Toss	10:30 Chapel Service with Chris 23 11:00 Physio Group Exercises (Cherry) 2:15 Documentary on Disney+	9:45 Food Advisory & Residents' Council Meeting 24 1:30 Pet Therapy with Ellsa 2:15 BINGO	10:15 Java Memory Cherry 25 11:00 Physio Group Exercises (Cherry) 2:15 Manicure Social	10:00 Catholic Communion 26 11:00 Outdoor Walks 2:15 Cherry Birthday Party	National Bingo Day 27 10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 BINGO	National Pride Day 28 10:30 Java Music 2:15 Rainbow Popsicles on the Patio 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 29 2:15 Indoor Bowling	10:15 Dice Game: Left, Right, Centre 30 11:00 Physio Group Exercises (Cherry) 2:15 Bean Bag Toss	Happy Seniors' Month	CHERRY Suites Activity Aide ~ Amir sblprograms@southbridgecare.com ext. 2021			All programs are subject to change Programs in Blue are located on the main floor Activity Room



June 2025

Southbridge London



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Virtual Church Service 2:30 Sing-A-Long 3:00 Physio Group Exercises (Maple) 3:15 Physio Group Exercises (Cherry) 1	1:30 Physio Group Exercises (Oak) 2 2:15 Calendar Delivery 2:15 Outdoor Walks 5:00 Meal Program: Chick-Fil-A	10:15 Manicure Social 3 11:00 Physio Group Exercises (Oak) 11:15 Townhall Meeting 1:30 Pet Therapy with Ellsa 2:15 Maple Birthday Party 6:15 Karaoke on 2nd Floor Patio	10:15 Java Memory Maple 4 2:15 Travelodge to Germany	10:30 Poet Tree 5 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits	10:15 Bingo 6 11:15 Sing-Along: You Say It, We Play It 2:15 French Fry-Day	10:30 Java Music 7 1:30 Physio Group Exercises (Maple) 2:15 Music Entertainment by Simply Saxes
10:30 Virtual Church Service 8 2:15 Drinks on the Patio	10:15 Magnetic Darts 9 1:30 Physio Group Exercises (Oak) 2:15 Crafts	10:30 Chapel Service with Chris 10 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Manicure Social	10:15 Java Memory 11 2:15 Trivia	10:00 Outing: Dollar Store 12 10:30 Drum Circle 11:00 Physio Group Exercises (Maple) 2:15 Music Entertainment with Tara Dunphy	Visiting Library 13 10:15 Bingo 11:15 Sing-Along: You Say It, We Play It 2:15 Men's Club Pub & Grub 2:15 Patio and music afternoon	10:30 Java Music 14 1:30 Physio Group Exercises (Maple) 2:15 BINGO
Father's Day 15 10:30 Virtual Church Service 1:30 Physio Group Exercises (Maple) 2:15 Father's Day Social	10:15 June Trivia & Tidbits 16 1:30 Physio Group Exercises (Oak) 2:15 Patio Time & Gardening Trivia	10:15 Manicure Social 17 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Outdoor Walks	10:15 Java Memory 18 2:15 Strawberry Social & Music Entertainment by Gary McGill	10:00 Catholic Mass 19 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits	8:45 Breakfast Club 20 10:30 Bingo	Summer Solstice 21 National Indigenous Peoples Day 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 National Indigenous Peoples Day Discussion
10:30 Virtual Church Service 22 2:15 Basketball Toss	10:30 Chapel Service with Chris 23 1:30 Physio Group Exercises (Oak) 2:15 Inspire	9:45 Food Advisory & Residents' Council Meeting 24 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Manicure Social	10:15 Java Memory Maple 25 2:15 Trivia	10:00 Catholic Communion 26 11:00 Physio Group Exercises (Maple) 2:15 Board Games	National Bingo Day 27 10:15 Ball Toss 2:15 BINGO	National Pride Day 28 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Rainbow Popsicles on the Patio
10:30 Virtual Church Service 29 2:15 Indoor Bowling	1:30 Physio Group Exercises (Oak) 30 2:15 Documentary	<h3>Happy Seniors' Month</h3>		MAPLE Suites Activity Aide ~ Penny sblprograms@southbridgecare.com ext. 2021		All programs are subject to change Programs in Blue are located on the main floor Activity Room



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Virtual Church Service 3:00 Physio Group Exercises (Maple) 6:00 Helping Hands	10:15 Manicure Social/Summer Pedicures 1:30 Physio Group Exercises (Oak) 2:15 Sort It Out 6:00 Axe Throw	10:15 Sensory Visits 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Indoor Bowling 6:15 Karaoke on 2nd Floor Patio	10:15 Java Memory Oak 2:00 Funny Videos 6:00 Sing-A-Long with Katie	10:30 Poet Tree 10:30 BINGO 11:00 Physio Group Exercises (Maple) 2:15 What's Cooking? 6:00 Sound of Music Movie	10:15 Puzzles 2:15 French Fry-Day 6:00 Karaoke Night	10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Music Entertainment by Simply Saxes 6:00 Basketball Toss
10:30 Virtual Church Service 2:15 Drinks on the Patio 6:00 Helping Hands	10:15 Manicure Social/Summer Pedicures 1:30 Physio Group Exercises (Oak) 2:15 Colouring 6:00 Axe Throw	10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Indoor Bowling	10:15 Java Memory Oak 2:15 Crafts 5:15 Meal Program: Chick Fil A	10:30 Drum Circle 10:30 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Music Entertainment with Tara Dunphy 6:00 Trivia	Visiting Library 10:15 Puzzles 2:15 Men's Club Pub & Grub 2:15 Outdoor Patio Visits 6:00 Karaoke Night	10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 BINGO 6:00 Ball Toss
Father's Day 10:30 Virtual Church Service 1:30 Physio Group Exercises (Maple) 2:15 Father's Day Social 6:00 Helping Hands	10:15 Manicure Social/Summer Pedicures 1:30 Physio Group Exercises (Oak) 2:15 Sort It Out 6:00 Axe Throw	10:15 Sensory Visits 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Indoor Bowling	10:15 Java Memory Oak 2:15 Strawberry Social & Music Entertainment by Gary McGill 6:00 Sing-A-Long with Katie	10:00 Catholic Mass 10:30 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Outdoor Walks 6:00 Wordgames	8:45 Breakfast Club 2:15 Outdoor Patio Visits 6:00 Karaoke Night	Summer Solstice National Indigenous Peoples Day 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 National Indigenous Peoples Day Discussion 6:00 Beach Ball Toss
10:30 Virtual Church Service 2:15 Basketball Toss 6:00 Helping Hands	10:30 Chapel Service with Chris 1:30 Physio Group Exercises (Oak) 2:15 Manicure Social 6:00 Axe Throw	10:30 Hymn Sing 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy with Ellsa 2:15 Indoor Bowling 6:00 Montessori	10:15 Java Memory Oak 2:15 Outdoor Patio Visits 3:00 Oak Birthday Party 6:00 Sing-A-Long with Katie	10:00 Catholic Communion 10:30 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Magnetic Darts 6:00 Outdoor Patio Visits	National Bingo Day 2:15 BINGO 6:00 Karaoke Night	National Pride Day 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Rainbow Popsicles on the Patio 6:00 What's Your Favourite?
10:30 Virtual Church Service 2:15 Indoor Bowling 6:00 Helping Hands	10:15 Manicure Social/Summer Pedicures 1:30 Physio Group Exercises (Oak) 2:15 Sort It Out 6:00 Axe Throw	<h3>Happy Seniors' Month</h3>		<h2>OAK Suites</h2> <p>Activity Aide ~ Katie/Teresa</p> <p>sblprograms@southbridgecare.com</p> <p>ext. 2021</p>		<p>All programs are subject to change</p> <p>Programs in Blue are located on the main floor Activity Room</p>