



April 2025

Southbridge London



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
PINE Suites <i>Activity Aide ~ Hillary</i> sblprograms@southbridgecare.com ext. 2021		1 10:30 Chapel Service with Chris 1:30 Pet Therapy Visits 2:15 Trivia Afternoon	2 10:15 BINGO 1:30 Physio Group Exercises (Pine) 2:00 Movie Matinee: The Sound of Music	3 10:00 Drum Circle 1:30 Physio Group Exercises (Pine)	4 10:15 Manicure Social 11:00 Physio Group Exercises (Pine) 2:15 Fry-Day: Poutine	5 10:30 Java Music 2:15 Music Entertainment with Laika & Travis	
6 10:30 Virtual Church Service 2:15 What's Cooking?	7 10:15 TV Classics 2:15 Memory Lane Room Visits	8 10:15 Baking 1:30 Pet Therapy Visits 2:15 Trivia Afternoon 7:00 Celebration of Life Service	9 10:15 BINGO 1:30 Physio Group Exercises (Pine) 2:15 Music Entertainment with Tara Dunphy	10 10:30 Poet Tree 10:30 Reading Nook 1:30 Physio Group Exercises (Pine) 2:15 Puzzles	11 <u>Visiting Library</u> 10:00 Pet Therapy Visits 10:15 Java Memory 11:00 Physio Group Exercises (Pine) 2:15 Manicure Social	12 10:30 Java Music 2:15 Basketball Toss	
13 10:30 Virtual Church Service 2:15 You Say It We Play It	14 2:15 Easter Craft 5:15 Meal Program: Pizza	15 10:30 Chapel Service with Chris 1:30 Pet Therapy Visits 2:15 Easter Trivia	16 10:30 Outing: Giant Tiger/Tim Horton's 1:30 Physio Group Exercises (Pine) 2:15 BINGO	17 10:00 Catholic Mass 10:45 Hymn Sing 1:30 Physio Group Exercises (Pine)	18 <u>Good Friday</u> 8:00 Yogurt Parfait & Hot Cross Bun Cart 11:00 Physio Group Exercises (Pine) 11:00 Colouring 2:15 Manicure Social 2:15 Men's Club Pub & Grub	19 10:30 Java Music 2:15 BINGO	
20 10:30 Virtual Church Service 2:15 Easter Tea	21 <u>Easter Monday</u> 10:15 TV Classics 2:15 Memory Lane Room Visits	22 <u>Earth Day</u> 10:15 Planting Seeds 1:30 Pet Therapy Visits 2:15 Earth Day Trivia	23 10:15 BINGO 1:30 Physio Group Exercises (Pine) 2:15 Pine Birthday Party	24 10:00 Catholic Communion 10:30 Chapel Service with Chris 1:30 Physio Group Exercises (Pine) 2:15 Montessori	25 8:45 Breakfast Club 10:00 Pet Therapy Visits 11:00 Physio Group Exercises (Pine) 2:15 Manicure Social	26 <u>National Pretzel Day</u> 10:30 Java Music 2:15 Pretzel Party	
27 10:30 Virtual Church Service 2:15 Crafts: Plate Pets	28 <u>Federal Election</u> 10:15 Walks 2:15 Crafts	29 9:45 Food Advisory & Residents' Council Meeting 1:30 Pet Therapy Visits 2:15 Trivia Afternoon	30 10:15 BINGO 1:30 Physio Group Exercises (Pine) 2:15 Dice Game: Left, Right, Centre				All programs are subject to change Programs in PURPLE are located on the main floor Activity Room



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WILLOW Suites <i>Activity Aide ~ Anju</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i>		1 10:30 Chapel Service with Chris 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Board Games	2 10:15 Java Memory Willow 11:00 Physio Group Exercises (Cherry) 2:00 Documentary: Remarkable Rabbits on CBC	3 10:00 Drum Circle 10:15 Manicure Social 2:15 Trivia: April	4 10:15 TV Classics 1:30 Physio Group Exercises (Willow) 2:15 Memory Lane Room Visits 2:15 Fry-Day: Poutine	5 10:30 Java Music 2:15 Music Entertainment with Laika & Travis 3:15 Physio Group Exercises (Willow)	
6 10:30 Virtual Church Service 2:15 What's Cooking?	7 10:15 Walks 11:00 Physio Group Exercises (Cherry) 2:15 BINGO 3:00 Town Hall Meeting	8 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Memory Lane Room Visits 2:15 TV Classics 7:00 Celebration of Life Service	9 10:15 Java Memory Willow 11:00 Physio Group Exercises (Cherry) 2:15 Music Entertainment with Tara Dunphy	10 10:30 Poet Tree 10:30 Manicure Social 2:15 Trivia: Modern Jeopardy for April	11 Visiting Library 10:00 Pet Therapy Visits 10:15 Crafts: Spring 1:30 Physio Group Exercises (Willow) 2:15 Dice Game: Left, Right, Centre	12 10:30 Java Music 2:15 Basketball Toss 3:15 Physio Group Exercises (Willow)	
13 10:30 Virtual Church Service 2:15 You Say It We Play It	14 11:00 Physio Group Exercises (Cherry) 2:15 BINGO 5:15 Meal Program: Pizza	15 10:30 Chapel Service with Chris 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Word Games	16 10:30 Outing: Giant Tiger/Tim Horton's 11:00 Physio Group Exercises (Cherry) 2:15 Java Memory Willow	17 10:00 Catholic Mass 10:15 Manicure Social 2:15 Trivia: Easter	18 Good Friday 8:00 Yogurt Parfait & Hot Cross Bun Cart 1:30 Physio Group Exercises (Willow) 2:15 Men's Club Pub & Grub 2:30 Memory Lane Room Visits	19 10:30 Java Music 2:15 BINGO 3:15 Physio Group Exercises (Willow)	
20 10:30 Virtual Church Service 2:15 Easter Tea	21 Easter Monday 10:15 Crafts: Bunnies 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	22 Earth Day 10:30 Inspire 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Memory Lane Room Visits 2:15 Documentary: EARTH	23 10:15 Java Memory Willow 11:00 Physio Group Exercises (Cherry) 2:15 Sing-A-Long	24 10:00 Catholic Communion 10:30 Chapel Service with Chris 2:15 Trivia: Earth Day	25 8:45 Breakfast Club 10:00 Pet Therapy Visits 1:30 Physio Group Exercises (Willow) 2:15 Family Feud	26 National Pretzel Day 10:30 Java Music 2:15 Pretzel Party 3:15 Physio Group Exercises (Willow)	
27 10:30 Virtual Church Service 2:15 Crafts: Plate Pets	28 Federal Election 10:15 Walks 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	29 9:45 Food Advisory & Residents' Council Meeting 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:30 Willow Birthday Party	30 10:15 Java Memory Willow 11:00 Physio Group Exercises (Cherry) 2:15 Word Game: That Spells CATastrophe				All programs are subject to change Programs in PURPLE are located on the main floor Activity Room



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>OAK Suites <i>Activity Aide ~ Katie & Teresa</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i></p>		<p>10:30 Chapel Service with Chris 1 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori</p>	<p>10:15 Java Memory 2 2:00 Movie: Hop of Netflix 6:00 Sing-A-Long with Katie</p>	<p>10:00 Drum Circle 3 10:15 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Magnetic Darts 6:00 Walks</p>	<p>10:15 Puzzles 4 2:15 Fry-Day: Poutine 6:00 Karaoke Night</p>	<p>10:30 Java Music 5 1:30 Physio Group Exercises (Maple) 2:15 Music Entertainment with Laika & Travis 6:00 Ball Toss</p>	
<p>10:30 Virtual Church Service 6 2:15 What's Cooking? 6:00 Basketball Toss</p>	<p>10:15 Manicure Social 7 1:30 Physio Group Exercises (Oak)</p>	<p>10:15 Sensory Visits 8 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 7:00 Celebration of Life Service</p>	<p>10:15 Java Memory Oak 9 2:15 Music Entertainment with Tara Dunphy 6:00 Sing-A-Long with Katie</p>	<p>10:15 BINGO 10 10:30 Poet Tree 11:00 Physio Group Exercises (Maple) 2:15 Outdoor Walks 6:00 Travelogue to British Columbia 6:00 Reminiscing: Spring Theme</p>	<p>Visiting Library 11 10:00 Pet Therapy Visits 10:15 Puzzles 2:15 Helping Hands 6:00 Karaoke Night</p>	<p>10:30 Java Music 12 1:30 Physio Group Exercises (Maple) 2:15 Basketball Toss</p>	
<p>10:30 Virtual Church Service 13 2:15 You Say It We Play It</p>	<p>10:15 Manicures 14 1:30 Physio Group Exercises (Oak) 2:15 Axe Throw 5:15 Meal Program: Pizza</p>	<p>10:15 Sensory Visits 15 10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori</p>	<p>10:15 Java Memory Oak 16 2:15 Oak Birthday Party 6:00 Sing-A-Long with Katie</p>	<p>10:00 Catholic Mass 17 10:15 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Magnetic Darts 6:00 Walks</p>	<p>Good Friday 18 8:00 Yogurt Parfait & Hot Cross Bun Cart 10:15 Puzzles 2:15 Men's Club Pub & Grub 6:00 Karaoke Night</p>	<p>10:30 Java Music 19 1:30 Physio Group Exercises (Maple) 2:15 BINGO 6:00 Ball Toss</p>	
<p>10:30 Virtual Church Service 20 2:15 Easter Tea 6:00 Basketball Toss</p>	<p>Easter Monday 21 10:15 Manicure Social 10:15 Manicures 1:30 Physio Group Exercises (Oak) 2:15 Movie: HOP on Disney+</p>	<p>Earth Day 22 10:15 Crafts: Reduce, Reuse, Recycle 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori</p>	<p>10:15 Java Memory Oak 23 2:15 Sensory Visits 2:30 Crafts 6:00 Sing-A-Long with Katie</p>	<p>10:00 Catholic Communion 24 10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Maple) 2:15 BINGO 6:00 Andre Rieu Concert 6:00 Storytelling</p>	<p>8:45 Breakfast Club 25 10:00 Pet Therapy Visits 2:15 Puzzles 6:00 Karaoke Night</p>	<p>National Pretzel Day 26 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Pretzel Party</p>	
<p>10:30 Virtual Church Service 27 2:15 Crafts: Plate Pets</p>	<p>Federal Election 28 10:15 Manicure Social 10:15 Manicures 1:30 Physio Group Exercises (Oak) 2:15 Axe Throw 6:00 Outdoor Walks</p>	<p>10:15 Sensory Visits 29 10:30 Hymn Sing 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori</p>	<p>10:15 Java Memory Oak 30 2:30 Crafts 6:00 Sing-A-Long with Katie</p>				
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>MAPLE Suites</p> <p><i>Activity Aide ~ Penny</i></p> <p><i>sblprograms@southbridgecare.com</i></p> <p><i>ext. 2021</i></p>		<p>10:15 April Showers Trivia 1</p> <p>10:30 Chapel Service with Chris</p> <p>11:00 Physio Group Exercises (Oak)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 Manicure Social</p>	<p>10:15 Java Memory Maple 2</p> <p>2:00 Documentary: Remarkable Rabbits on CBC</p>	<p>10:00 Drum Circle 3</p> <p>11:00 Physio Group Exercises (Maple)</p> <p>2:15 Board Games</p>	<p>10:15 Documentary: Bunnies on YouTube 4</p> <p>2:15 Fry-Day: Poutine</p>	<p>10:30 Java Music 5</p> <p>1:30 Physio Group Exercises (Maple)</p> <p>2:15 Music Entertainment with Laika & Travis</p>	
<p>10:30 Virtual Church Service 6</p> <p>2:15 What's Cooking?</p>	<p>10:15 Bingo 7</p> <p>11:15 Sing-Along: You Say It, We Play It</p> <p>1:30 Physio Group Exercises (Oak)</p> <p>2:15 Axe Throw</p>	<p>10:15 Manicure Social 8</p> <p>11:00 Physio Group Exercises (Oak)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 Virtual Tour of Westminster Palace</p> <p>7:00 Celebration of Life Service</p>	<p>10:15 Colouring 9</p> <p>2:15 Music Entertainment with Tara Dunphy</p>	<p>10:30 Poet Tree 10</p> <p>11:00 Physio Group Exercises (Maple)</p> <p>2:15 Carol Burnett Show</p> <p>2:15 Memory Lane Room Visits</p>	<p><u>Visiting Library</u> 11</p> <p><u>National Pet Day</u></p> <p>10:00 Pet Therapy Visits</p> <p>10:15 Bingo</p> <p>11:15 Townhall Meeting</p> <p>2:15 National Pet Day Reminiscing</p>	<p>10:30 Java Music 12</p> <p>1:30 Physio Group Exercises (Maple)</p> <p>2:15 Basketball Toss</p>	
<p>10:30 Virtual Church Service 13</p> <p>2:15 You Say It We Play It</p>	<p>1:30 Physio Group Exercises (Oak) 14</p> <p>2:30 The Secret Life Of Pets Movie</p>	<p>10:30 Chapel Service with Chris 15</p> <p>11:00 Physio Group Exercises (Oak)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 Manicure Social</p>	<p>10:15 Java Memory Maple 16</p> <p>2:15 Trivia: Easter</p>	<p>10:00 Catholic Mass 17</p> <p>10:15 Gallery Of Mustangs Through the Years</p> <p>11:00 Physio Group Exercises (Maple)</p> <p>2:15 1964 First Mustang Out Documentary</p>	<p><u>Good Friday</u> 18</p> <p>8:00 Yogurt Parfait & Hot Cross Bun Cart</p> <p>10:15 Bingo</p> <p>11:15 Sing-Along: You Say It, We Play It</p> <p>2:15 Yoga & Meditation</p> <p>2:15 Men's Club Pub & Grub</p>	<p>10:30 Java Music 19</p> <p>1:30 Physio Group Exercises (Maple)</p> <p>2:15 BINGO</p>	
<p>10:30 Virtual Church Service 20</p> <p>2:15 Easter Tea</p>	<p><u>Easter Monday</u> 21</p> <p>10:15 Manicure Social</p> <p>1:30 Physio Group Exercises (Oak)</p> <p>2:15 Word Games: Easter</p>	<p><u>Earth Day</u> 22</p> <p>10:30 Outing: Giant Tiger/Tim Horton's</p> <p>11:00 Physio Group Exercises (Oak)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 Crafts: Reduce, Reuse, Recycle</p>	<p>10:15 Documentary: ELEPHANTS on Disney+ 23</p> <p>2:15 Colouring</p>	<p>10:00 Catholic Communion 24</p> <p>10:30 Chapel Service with Chris</p> <p>11:00 Physio Group Exercises (Maple)</p> <p>2:15 Rain Forest Documentary</p>	<p>8:45 Breakfast Club 25</p> <p>10:00 Pet Therapy Visits</p> <p>10:15 Bingo</p> <p>11:15 Sing-Along: You Say It, We Play It</p> <p>2:15 Maple Birthday Party</p>	<p><u>National Pretzel Day</u> 26</p> <p>10:30 Java Music</p> <p>1:30 Physio Group Exercises (Maple)</p> <p>2:15 Pretzel Party</p>	
<p>10:30 Virtual Church Service 27</p> <p>2:15 Crafts: Plate Pets</p>	<p><u>Federal Election</u> 28</p> <p>1:30 Physio Group Exercises (Oak)</p> <p>2:15 Inspire</p>	<p><u>Willie Nelson Day</u> 29</p> <p>9:45 Food Advisory & Residents' Council Meeting</p> <p>10:15 25 facts about Willie Nelson</p> <p>11:00 Physio Group Exercises (Oak)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 Manicure Social</p>	<p>10:15 Java Memory Maple 30</p> <p>2:15 Trivia: Spring Animals</p> <p>5:15 Meal Program: Pizza</p>				
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<p>CHERRY Suites</p> <p><i>Activity Aide ~ Amir</i></p> <p>sblprograms@southbridgecare.com ext. 2021</p>		<p>10:30 Chapel Service with Chris 1</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 BINGO</p>	<p>10:15 Java Memory Cherry 2</p> <p>11:00 Physio Group Exercises (Cherry)</p> <p>2:00 Movie: HOP on Netflix</p>	<p>10:00 Drum Circle 3</p> <p>10:30 Dice Game: Left, Right, Centre</p> <p>2:15 Magnetic Darts</p>	<p>10:15 Town Hall Meeting 4</p> <p>10:30 Trivia: April</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>2:15 Fry-Day: Poutine</p>	<p>10:30 Java Music 5</p> <p>2:15 Music Entertainment with Laika & Travis</p> <p>3:15 Physio Group Exercises (Willow)</p>	
<p>10:30 Virtual Church Service 6</p> <p>2:15 What's Cooking?</p>	<p>10:15 Ring Toss 7</p> <p>11:00 Physio Group Exercises (Cherry)</p> <p>2:15 Cards: UNO</p>	<p>10:15 BINGO 8</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 Manicure Social</p> <p>7:00 Celebration of Life Service</p>	<p>10:15 Java Memory Cherry 9</p> <p>11:00 Physio Group Exercises (Cherry)</p> <p>2:15 Music Entertainment with Tara Dunphy</p>	<p>10:30 Poet Tree 10</p> <p>2:15 Documentary: ELEPHANT on Disney+</p>	<p>Visiting Library 11</p> <p>10:00 Pet Therapy Visits</p> <p>10:15 Trivia: Spring</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>2:15 Ball Toss</p>	<p>10:30 Java Music 12</p> <p>2:15 Basketball Toss</p> <p>3:15 Physio Group Exercises (Willow)</p>	
<p>10:30 Virtual Church Service 13</p> <p>2:15 You Say It We Play It</p>	<p>10:30 Inspire 14</p> <p>11:00 Physio Group Exercises (Cherry)</p> <p>2:15 TV Classics</p>	<p>10:30 Chapel Service with Chris 15</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 BINGO</p>	<p>10:15 Java Memory Cherry 16</p> <p>11:00 Physio Group Exercises (Cherry)</p> <p>2:15 Manicure Social</p>	<p>10:00 Catholic Mass 17</p> <p>11:00 Dice Game: Left, Right, Centre</p> <p>2:15 Axe Throw</p>	<p>Good Friday 18</p> <p>8:00 Yogurt Parfait & Hot Cross Bun Cart</p> <p>10:15 Easter Trivia</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>2:15 Men's Club Pub & Grub</p>	<p>10:30 Java Music 19</p> <p>2:15 BINGO</p> <p>3:15 Physio Group Exercises (Willow)</p>	
<p>10:30 Virtual Church Service 20</p> <p>2:15 Easter Tea</p>	<p>Easter Monday 21</p> <p>11:00 Physio Group Exercises (Cherry)</p> <p>2:15 Documentary: Bunnies on YouTube</p>	<p>Earth Day 22</p> <p>10:30 Outing: Giant Tiger/Tim Horton's</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 Grafts: Earth Day</p>	<p>10:15 Java Memory Cherry 23</p> <p>11:00 Physio Group Exercises (Cherry)</p> <p>2:15 Cherry Birthday Party</p>	<p>10:00 Catholic Communion 24</p> <p>10:30 Chapel Service with Chris</p> <p>10:45 Hymn Sing</p>	<p>8:45 Breakfast Club 25</p> <p>10:00 Pet Therapy Visits</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>2:15 BINGO</p>	<p>National Pretzel Day 26</p> <p>10:30 Java Music</p> <p>2:15 Pretzel Party</p> <p>3:15 Physio Group Exercises (Willow)</p>	
<p>10:30 Virtual Church Service 27</p> <p>2:15 Crafts: Plate Pets</p>	<p>Federal Election 28</p> <p>11:00 Physio Group Exercises (Cherry)</p> <p>2:15 TV Classics</p>	<p>9:45 Food Advisory & Residents' Council Meeting 29</p> <p>1:30 Physio Group Exercises (Willow)</p> <p>1:30 Pet Therapy Visits</p> <p>2:15 BINGO</p>	<p>11:00 Physio Group Exercises (Cherry) 30</p> <p>2:15 Manicure Social</p> <p>5:15 Meal Program: Pizza</p>				
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