





# March 2025

## Southbridge London

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>WILLOW Suites</b> <i>Activity Aide ~ Anju</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i>						<u>World Day of Prayer</u> <b>1</b> 10:30 Java Music 2:15 World Day Of Prayer Documentary 3:15 Physio Group Exercises (Willow)	
10:30 Virtual Church Service <b>2</b> 2:15 Traveling Soda Cart	10:15 Indoor Walks <b>3</b> 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	<u>Mardi Gras</u> <b>4</b> <u>Shrove Tuesday</u> 10:30 Chapel Service with Chris 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Crafts: Mardi Gras Masks	<u>Ash Wednesday</u> <b>5</b> 10:15 Java Memory Willow 11:00 Physio Group Exercises (Cherry) 2:00 Travelogue: Ireland	10:15 Manicure Social <b>6</b> 10:30 Hymn Sing 2:15 Trivia: General Knowledge	10:15 TV Classics <b>7</b> 1:30 Physio Group Exercises (Willow) 2:15 Fry-Day	<u>International Women's Day</u> <b>8</b> 10:30 Java Music 2:15 Women's Tea Party 3:15 Physio Group Exercises (Willow)	
<u>Daylight Savings Time (Spring Ahead)</u> <b>9</b> 10:30 Virtual Church Service 2:15 What's Cooking?	10:15 Indoor Walks <b>10</b> 11:00 Physio Group Exercises (Cherry) 2:15 BINGO 3:00 Town Hall Meeting	10:15 Inspire <b>11</b> 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Memory Lane Room Visits 2:15 TV Classics	10:15 Java Memory Willow <b>12</b> 11:00 Physio Group Exercises (Cherry) 2:15 Music by Tara Dunphy	10:30 Poet Tree <b>13</b> 10:30 Manicure Social 2:15 Trivia: St. Patrick's Day	<u>Visiting Library</u> <b>14</b> 10:00 Pet Therapy Visits 10:15 Crafts: St. Patrick's Day 1:30 Physio Group Exercises (Willow) 2:15 Dice Game: Left, Right, Centre	10:30 Java Music <b>15</b> 2:15 Bluebird Crafts 3:15 Physio Group Exercises (Willow)	
10:30 Virtual Church Service <b>16</b> 2:15 Basketball Toss	<u>St. Patrick's Day</u> <b>17</b> 10:15 BINGO 10:30 Drum Circle 11:00 Physio Group Exercises (Cherry) 2:15 St. Patrick's Day Social	10:30 Chapel Service with Chris <b>18</b> 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 10:00 Whiteboard Word Games	10:15 Java Memory Willow <b>19</b> 11:00 Physio Group Exercises (Cherry) 2:15 Music Entertainment by The Celtic Knot	<u>First Day of Spring</u> <b>20</b> 10:00 Catholic Mass 10:45 Manicure Social 2:15 Trivia: Spring	10:15 TV Classics <b>21</b> 1:30 Physio Group Exercises (Willow) 2:15 Men's Club Pub & Grub 2:30 Memory Lane Room Visits	10:30 Java Music <b>22</b> 2:15 BINGO 3:15 Physio Group Exercises (Willow)	
10:30 Virtual Church Service <b>23</b> 2:15 What's Cooking?	10:15 Indoor Walks <b>24</b> 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	9:45 Food Advisory & Residents' Council Meeting <b>25</b> 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Memory Lane Room Visits 2:15 TV Classics	10:15 Java Memory Willow <b>26</b> 11:00 Physio Group Exercises (Cherry) 2:15 Magnetic Darts	10:00 Catholic Communion <b>27</b> 10:30 Manicure Social 2:15 Trivia: Animals	8:45 Breakfast Club <b>28</b> 10:00 Pet Therapy Visits 1:30 Physio Group Exercises (Willow) 2:30 Willow Birthday Party	10:30 Java Music <b>29</b> 2:15 Family Feud 3:15 Physio Group Exercises (Willow)	
10:30 Virtual Church Service <b>30</b> 2:15 Axe Throw	11:00 Physio Group Exercises (Cherry) <b>31</b> 2:15 BINGO 5:15 Dinner Program: McDonald's					<b>All programs are subject to change</b>  Programs in <b>GREEN</b> are located on the main floor Activity Room	



# March 2025

## Southbridge London

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PINE Suites</b> <i>Activity Aide ~ Hillary</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i>						<u>World Day of Prayer</u> <b>1</b> 10:30 Java Music 2:15 World Day Of Prayer Documentary 2:15 Axe Throw
10:30 Virtual Church Service <b>2</b> 2:15 Traveling Soda Cart	10:15 Crafts <b>3</b> 2:15 Dice Game: Left, Right, Centre	<u>Mardi Gras</u> <b>4</b> <u>Shrove Tuesday</u> 10:30 Chapel Service with Chris 1:30 Pet Therapy Visits 2:15 Trivia Afternoon: Mardi Gras 3:00 Townhall Meeting	<u>Ash Wednesday</u> <b>5</b> 10:15 BINGO 1:30 Physio Group Exercises (Pine) 1:45 Movie Matinee: The Luck of the Irish on Disney+	10:15 Colouring <b>6</b> 1:30 Physio Group Exercises (Pine) 2:15 Montessori	10:15 Baking <b>7</b> 11:00 Physio Group Exercises (Pine) 2:15 Fry-Day	<u>International Women's Day</u> <b>8</b> 10:30 Java Music 2:15 Women's Tea Party
<u>Daylight Savings Time (Spring Ahead)</u> <b>9</b> 10:30 Virtual Church Service 2:15 What's Cooking?	10:15 TV Classics <b>10</b> 2:30 Memory Lane Room Visits	10:15 Sing-A-Long <b>11</b> 1:30 Pet Therapy Visits 2:15 Trivia Afternoon: Baby Animals	10:15 BINGO <b>12</b> 1:30 Physio Group Exercises (Pine) 2:15 Music by Tara Dunphy	10:30 Puzzles <b>13</b> 10:30 Poet Tree 1:30 Physio Group Exercises (Pine) 2:15 Pine Birthday Party	<u>Visiting Library</u> <b>14</b> 10:00 Pet Therapy Visits 10:15 Java Memory 11:00 Physio Group Exercises (Pine) 2:15 Manicure Social	10:30 Java Music <b>15</b> 2:15 Bluebird Crafts
10:30 Virtual Church Service <b>16</b> 2:15 Basketball Toss	<u>St. Patrick's Day</u> <b>17</b> 10:30 Drum Circle 10:30 Crafts: St. Patrick's Day 2:15 St. Patrick's Day Social	10:30 Chapel Service with Chris <b>18</b> 1:30 Pet Therapy Visits 2:15 Trivia Afternoon: St. Patrick's Day	10:15 BINGO <b>19</b> 1:30 Physio Group Exercises (Pine) 2:15 Music Entertainment by The Celtic Knot	<u>First Day of Spring</u> <b>20</b> 10:00 Catholic Mass 10:45 Hymn Sing 1:30 Physio Group Exercises (Pine) 2:15 TV Classics	10:15 Java Memory <b>21</b> 11:00 Physio Group Exercises (Pine) 2:15 Men's Club Pub & Grub 2:30 Manicure Social	10:30 Java Music <b>22</b> 2:15 BINGO
10:30 Virtual Church Service <b>23</b> 2:15 What's Cooking?	10:15 TV Classics <b>24</b> 2:30 Memory Lane Room Visits	9:45 Food Advisory & Residents' Council Meeting <b>25</b> 1:30 Pet Therapy Visits 2:15 Trivia Afternoon: Spring	10:15 BINGO <b>26</b> 1:30 Physio Group Exercises (Pine) 2:15 Reading Nook	10:00 Catholic Communion <b>27</b> 1:30 Physio Group Exercises (Pine) 2:15 Montessori	8:45 Breakfast Club <b>28</b> 10:00 Pet Therapy Visits 11:00 Physio Group Exercises (Pine) 2:15 Manicure Social	10:30 Java Music <b>29</b> 2:15 Family Feud
10:30 Virtual Church Service <b>30</b> 2:15 Axe Throw	2:15 Crafts <b>31</b> 5:15 Dinner Program: McDonald's				<b>All programs are subject to change</b>  Programs in <b>GREEN</b> are located on the main floor Activity Room	



# March 2025

## Southbridge London

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>OAK Suites</b> <i>Activity Aides ~ Katie &amp; Teresa</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i>						<u>World Day of Prayer</u> <b>1</b> 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 World Day Of Prayer Documentary
10:30 Virtual Church Service <b>2</b> 2:15 Traveling Soda Cart	10:15 Manicure Social <b>3</b> 1:30 Physio Group Exercises (Oak) 2:15 Axe Throw 6:00 Dance Party	<u>Mardi Gras Shrove Tuesday</u> <b>4</b> 10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori	<u>Ash Wednesday</u> <b>5</b> 10:15 Java Memory Oak 2:00 Movie: The Luck of the Irish on Disney+ 6:00 Sing-A-Long with Katie	10:15 BINGO <b>6</b> 11:00 Physio Group Exercises (Maple)	10:15 Puzzles <b>7</b> 2:15 Fry-Day 6:00 Karaoke Night	<u>International Women's Day</u> <b>8</b> 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Women's Tea Party
<u>Daylight Savings Time (Spring Ahead)</u> <b>9</b> 10:30 Virtual Church Service 2:15 What's Cooking?	10:15 Manicure Social <b>10</b> 1:30 Physio Group Exercises (Oak)	10:15 Sensory Visits <b>11</b> 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori	10:15 Java Memory Oak <b>12</b> 2:15 Music by Tara Dunphy 2:30 Crafts 6:00 Sing-A-Long with Katie	10:30 Poet Tree <b>13</b> 10:30 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Axe Throw 6:00 Dance Party	<u>Visiting Library</u> <b>14</b> 10:00 Pet Therapy Visits 2:15 Helping Hands 6:00 Karaoke Night	10:30 Java Music <b>15</b> 1:30 Physio Group Exercises (Maple) 2:15 Bluebird Crafts
10:30 Virtual Church Service <b>16</b> 2:15 Basketball Toss	<u>St. Patrick's Day</u> <b>17</b> 10:15 Manicure Social 10:30 Drum Circle 1:30 Physio Group Exercises (Oak) 2:15 St. Patrick's Day Social 6:00 Travel to Ireland	10:30 Chapel Service with Chris <b>18</b> 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori	10:15 Java Memory Oak <b>19</b> 2:15 Music Entertainment by The Celtic Knot 2:30 Crafts 6:00 Sing-A-Long with Katie	<u>First Day of Spring</u> <b>20</b> 10:00 Catholic Mass 10:15 BINGO 11:00 Physio Group Exercises (Maple)	10:15 Puzzles <b>21</b> 2:15 Men's Club Pub & Grub 6:00 Karaoke Night	10:30 Java Music <b>22</b> 1:30 Physio Group Exercises (Maple) 2:15 BINGO
10:30 Virtual Church Service <b>23</b> 2:15 What's Cooking?	10:15 Manicure Social <b>24</b> 1:30 Physio Group Exercises (Oak)	10:15 Sensory Visits <b>25</b> 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 1:45 Hymn Sing 2:30 Indoor Bowling 6:00 Montessori	10:15 Java Memory Oak <b>26</b> 2:15 OAK Birthday Party 6:00 Sing-A-Long with Katie	10:00 Catholic Communion <b>27</b> 10:30 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Axe Throw 6:00 Babbling Babies	8:45 Breakfast Club <b>28</b> 10:00 Pet Therapy Visits 10:15 Puzzles 2:15 Helping Hands 6:00 Karaoke Night	10:30 Java Music <b>29</b> 1:30 Physio Group Exercises (Maple) 2:15 Family Feud
10:30 Virtual Church Service <b>30</b> 2:15 Axe Throw	10:15 Manicure Social <b>31</b> 1:30 Physio Group Exercises (Oak) 2:15 Axe Throw 5:15 Dinner Program: McDonald's				<b>All programs are subject to change</b>  Programs in <b>GREEN</b> are located on the main floor Activity Room	

# March 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MAPLE Suites</b> <i>Activity Aide ~ Penny</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i>						<u>World Day of Prayer</u> <b>1</b> 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 World Day Of Prayer Documentary
10:30 Virtual Church Service <b>2</b> 2:15 Traveling Soda Cart	1:30 Physio Group Exercises (Oak) <b>3</b> 2:15 Irish Documentary	<u>Mardi Gras</u> <b>4</b> <u>Shrove Tuesday</u> 10:30 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Documentary: New Orleans Mardi Gras	<u>Ash Wednesday</u> <b>5</b> 10:30 Java Memory Maple 2:00 Movie: The Luck of the Irish on Disney+	10:15 Board Games <b>6</b> 11:00 Physio Group Exercises (Maple) 2:15 Bingo 3:15 Townhall Meeting	10:15 Colouring <b>7</b> 2:15 Fry-Day	<u>International Women's Day</u> <b>8</b> 10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Women's Tea Party
<u>Daylight Savings Time (Spring Ahead)</u> <b>9</b> 10:30 Virtual Church Service 2:15 What's Cooking?	10:15 TV Classics <b>10</b> 1:30 Physio Group Exercises (Oak) 2:15 Puzzles	11:00 Physio Group Exercises (Oak) <b>11</b> 1:30 Pet Therapy Visits 2:15 Trivia 5:15 Pizza Night	2:15 Colouring <b>12</b> 2:15 Music by Tara Dunphy	10:30 Poet Tree <b>13</b> 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits	<u>Visiting Library</u> <b>14</b> 10:00 Pet Therapy Visits 10:15 Bingo 11:15 Sing-Along: You Say It, We Play It 2:15 Manicure Social	10:30 Java Music <b>15</b> 1:30 Physio Group Exercises (Maple) 2:15 Bluebird Crafts
10:30 Virtual Church Service <b>16</b> 2:15 Basketball Toss	<u>St. Patrick's Day</u> <b>17</b> 10:30 Drum Circle 1:30 Physio Group Exercises (Oak) 2:15 St. Patrick's Day Social	10:30 Chapel Service with Chris <b>18</b> 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Manicure Social	10:30 Java Memory Maple <b>19</b> 2:15 Music Entertainment by The Celtic Knot	<u>First Day of Spring</u> <b>20</b> 10:00 Catholic Mass 11:00 Physio Group Exercises (Maple) 2:15 Bingo 3:15 Sing-Along: You Say It, We Play It	10:15 Movie: Singing In The Rain <b>21</b> 2:15 Men's Club Pub & Grub	10:30 Java Music <b>22</b> 1:30 Physio Group Exercises (Maple) 2:15 BINGO
10:30 Virtual Church Service <b>23</b> 2:15 What's Cooking?	10:15 The History Of Jazz Music <b>24</b> 1:30 Physio Group Exercises (Oak) 2:15 Jazz Music	9:45 Food Advisory & Residents' Council Meeting <b>25</b> 10:15 Manicure Social 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 March Birthday Party	2:15 Colouring <b>26</b> 2:15 TV Classics	10:00 Catholic Communion <b>27</b> 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits	8:45 Breakfast Club <b>28</b> 10:00 Pet Therapy Visits 2:15 Bingo 3:15 Sing-Along: You Say It, We Play It	10:30 Java Music <b>29</b> 1:30 Physio Group Exercises (Maple) 2:15 Family Feud
10:30 Virtual Church Service <b>30</b> 2:15 Axe Throw	10:15 Inspire <b>31</b> 1:30 Physio Group Exercises (Oak) 2:15 Cleopatra Movie 1963				<b>All programs are subject to change</b>  Programs in <b>GREEN</b> are located on the main floor Activity Room	

# March 2025

## Southbridge London



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CHERRY Suites</b> <i>Activity Aide ~ Amir</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i>						<u>World Day of Prayer</u> <b>1</b> 10:30 Java Music 2:15 World Day Of Prayer Documentary 2:15 Basketball Toss 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service <b>2</b> 2:15 Traveling Soda Cart	10:15 Inspire <b>3</b> 11:00 Physio Group Exercises (Cherry) 2:30 Memory Lane Room Visits	<u>Mardi Gras</u> <b>4</b> <u>Shrove Tuesday</u> 10:30 Chapel Service with Chris 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 BINGO	<u>Ash Wednesday</u> <b>5</b> 10:15 Java Memory Cherry 11:00 Physio Group Exercises (Cherry) 2:00 Documentary: Ireland	10:15 Dice Game: Left, Right, Centre <b>6</b> 2:15 Basketball Toss	10:15 Town Hall Meeting <b>7</b> 10:30 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Fry-Day	<u>International Women's Day</u> <b>8</b> 10:30 Java Music 2:15 Women's Tea Party 3:15 Physio Group Exercises (Willow)
<u>Daylight Savings Time (Spring Ahead)</u> <b>9</b> 10:30 Virtual Church Service 2:15 What's Cooking?	10:15 Axe Throw <b>10</b> 11:00 Physio Group Exercises (Cherry) 2:15 Manicure Social	1:30 Physio Group Exercises (Willow) <b>11</b> 1:30 Pet Therapy Visits 2:15 BINGO 5:15 Pizza Night	10:15 Java Memory Cherry <b>12</b> 11:00 Physio Group Exercises (Cherry) 2:15 Music by Tara Dunphy	10:30 Poet Tree <b>13</b> 2:15 Movie: The Luck of the Irish on Disney+	<u>Visiting Library</u> <b>14</b> 10:00 Pet Therapy Visits 10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Bean Bag Toss	10:30 Java Music <b>15</b> 2:15 Bluebird Crafts 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service <b>16</b> 2:15 Basketball Toss	<u>St. Patrick's Day</u> <b>17</b> 10:30 Drum Circle 11:00 Physio Group Exercises (Cherry) 2:15 St. Patrick's Day Social	10:30 Chapel Service with Chris <b>18</b> 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 BINGO	10:15 Java Memory Cherry <b>19</b> 11:00 Physio Group Exercises (Cherry) 2:15 Music Entertainment by The Celtic Knot	<u>First Day of Spring</u> <b>20</b> 10:00 Catholic Mass 11:00 Magnetic Darts 2:15 Cherry Birthday Party	10:15 Trivia <b>21</b> 1:30 Physio Group Exercises (Willow) 2:15 Men's Club Pub & Grub	10:30 Java Music <b>22</b> 2:15 BINGO 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service <b>23</b> 2:15 What's Cooking?	11:00 Physio Group Exercises (Cherry) <b>24</b>	9:45 Food Advisory & Residents' Council Meeting <b>25</b> 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 BINGO	10:15 Java Memory Cherry <b>26</b> 11:00 Physio Group Exercises (Cherry) 2:15 Manicure Social	10:00 Catholic Communion <b>27</b> 10:45 Hymn Sing	8:45 Breakfast Club <b>28</b> 10:00 Pet Therapy Visits 1:30 Physio Group Exercises (Willow) 2:15 Trivia	10:30 Java Music <b>29</b> 2:15 Family Feud 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service <b>30</b> 2:15 Axe Throw	11:00 Physio Group Exercises (Cherry) <b>31</b>				<b>All programs are subject to change</b>  Programs in <b>GREEN</b> are located on the main floor Activity Room	