



February 2025

Southbridge London



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WILLOW Suites <i>Activity Aide ~</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i>						10:30 Java Music 1 2:15 Charlie And the Chocolate factory movie (1971) 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2 2:15 The Story of the Groundhog	11:00 Physio Group Exercises (Cherry) 3 2:00 BINGO 2:45 Town Hall Meeting	10:30 Chapel Service with Chris 4 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Word Games 5:15 Dinner Program: Pizza	10:15 Java Memory Willow 5 11:00 Physio Group Exercises (Cherry) 2:15 Music Entertainment with Cam Denomme	10:30 Drum Circle 6 2:15 Trivia	1:30 Physio Group Exercises (Willow) 7 2:15 Fry-Day	10:30 Java Music 8 2:15 Crafts: Valentine's Day 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 9 2:15 Touring Tunes	10:15 BINGO 10 11:00 Physio Group Exercises (Cherry) 2:15 TV Classics: The Carol Burnett Show	10:15 Inspire 11 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 WILLOW Birthday Party	11:00 Physio Group Exercises (Cherry) 12 2:15 Music by Tara Dunphy 2:15 Java Memory Willow	10:30 Poet Tree 13 2:00 Trivia	Visiting Library 14 Wear Red/Pink Today Valentine's Day 10:00 Pet Therapy Visits 1:30 Physio Group Exercises (Willow) 2:15 Valentine's Day Social	10:30 Java Music 15 2:15 Glenn Miller Sing-A-Long 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 16 2:15 Crafts: Flower Making	Family Day 17 10:15 TV Classics: All in the Family 11:00 Physio Group Exercises (Cherry) 2:15 Family Feud Social	10:30 Chapel Service with Chris 18 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:00 BINGO	10:15 Java Memory Willow 19 11:00 Physio Group Exercises (Cherry) 2:15 Trivia	10:00 Catholic Mass 20 2:15 TV Classics	1:30 Physio Group Exercises (Willow) 21 2:15 Men's Club Pub and Grub 2:30 Axe Throw	10:30 Java Music 22 2:15 BINGO 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 23 2:15 What's Cooking?	11:00 Physio Group Exercises (Cherry) 24 2:15 BINGO	9:45 Food Advisory & Residents' Council Meeting 25 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 White Board Word Games	11:00 Physio Group Exercises (Cherry) 26 2:15 Java Memory Willow 2:15 Music by Jude	Provincial Election 27 10:00 Catholic Communion 2:00 Trivia	8:45 Breakfast Club 28 10:00 Pet Therapy Visits 1:30 Physio Group Exercises (Willow) 2:00 Ball Toss	All programs are subject to change Programs in PINK are located on the main floor Activity Room



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<p>PINE Suites <i>Activity Aide ~ Hillary</i> sblprograms@southbridgecare.com ext. 2021</p>						<p>10:30 Java Music 1 2:15 Charlie And the Chocolate factory movie (1971)</p>
<p>10:30 Virtual Church Service 2 2:15 The Story of the Groundhog</p>	<p>10:15 Crafts 3 2:15 Dice Game: Left, Right, Centre</p>	<p>10:30 Chapel Service with Chris 4 1:30 Pet Therapy Visits 2:15 Trivia Afternoon 5:15 Dinner Program: Pizza</p>	<p>10:00 Townhall Meeting 5 10:15 BINGO 1:30 Physio Group Exercises (Pine) 2:15 Music Entertainment with Cam Denomme</p>	<p>10:30 Drum Circle 6 1:30 Physio Group Exercises (Pine) 2:30 Memory Lane Room Visits</p>	<p>10:15 Java Memory 7 11:00 Physio Group Exercises (Pine) 2:15 Fry-Day</p>	<p>10:30 Java Music 8 2:15 Crafts: Valentine's Day</p>
<p>10:30 Virtual Church Service 9 2:15 Touring Tunes</p>	<p>10:15 TV Classics 10 2:15 Axe Throw</p>	<p>10:15 Baking 11 1:30 Pet Therapy Visits 2:15 Trivia Afternoon</p>	<p>10:15 BINGO 12 1:30 Physio Group Exercises (Pine) 2:15 Music by Tara Dunphy</p>	<p>10:30 Poet Tree 13 10:45 Java Memory 1:30 Physio Group Exercises (Pine) 2:15 Pine Birthday Party</p>	<p><u>Visiting Library</u> 14 <u>Wear Red/Pink Today</u> <u>Valentine's Day</u> 10:00 Pet Therapy Visits 10:15 Manicure Social 11:00 Physio Group Exercises (Pine) 2:15 Valentine's Day Social</p>	<p>10:30 Java Music 15 2:15 Glenn Miller Sing-A-Long</p>
<p>10:30 Virtual Church Service 16 2:15 Crafts: Flower Making</p>	<p><u>Family Day</u> 17 10:15 TV Classics: All In The Family 2:15 Family Feud Social</p>	<p>10:30 Chapel Service with Chris 18 1:30 Pet Therapy Visits 2:15 Movie: The Princess Diaries</p>	<p>1:30 Physio Group Exercises (Pine) 19 2:15 BINGO</p>	<p>10:00 Catholic Mass 20 10:45 Hymn Sing 1:30 Physio Group Exercises (Pine) 2:15 Manicure Social</p>	<p>10:15 Java Memory 21 11:00 Physio Group Exercises (Pine) 2:15 Men's Club Pub and Grub</p>	<p>10:30 Java Music 22 2:15 BINGO</p>
<p>10:30 Virtual Church Service 23 2:15 What's Cooking?</p>	<p>10:15 TV Classics 24 2:15 Magnetic Darts</p>	<p>9:45 Food Advisory & Residents' Council Meeting 25 1:30 Pet Therapy Visits 2:15 Trivia Afternoon</p>	<p>10:15 BINGO 26 1:30 Physio Group Exercises (Pine) 2:15 Music by Jude</p>	<p><u>Provincial Election</u> 27 10:00 Catholic Communion 1:30 Physio Group Exercises (Pine) 2:15 Reading Nook</p>	<p>8:45 Breakfast Club 28 10:00 Pet Therapy Visits 11:00 Physio Group Exercises (Pine) 2:15 Manicure Social</p>	<p>All programs are subject to change Programs in PINK are located on the main floor Activity Room</p>



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<p>OAK Suites <i>Activity Aides ~ Katie & Teresa</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i></p>						<p>10:30 Java Music 1 1:30 Physio Group Exercises (Maple) 2:15 Charlie And the Chocolate factory movie (1971)</p>
<p>10:30 Virtual Church Service 2 2:15 The Story of the Groundhog</p>	<p>10:15 Manicure Social 3 1:30 Physio Group Exercises (Oak) 3:15 Babbling Babies 6:00 Axe Throw</p>	<p>10:30 Chapel Service with Chris 4 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 5:15 Dinner Program: Pizza</p>	<p>10:15 Java Memory Oak 5 2:15 Music Entertainment with Cam Denomme 6:00 Sing-A-Long with Katie</p>	<p>10:30 Drum Circle 6 10:30 BINGO 11:00 Physio Group Exercises (Maple)</p>	<p>10:15 Puzzles 7 2:15 Fry-Day 6:00 Magnetic Darts</p>	<p>10:30 Java Music 8 1:30 Physio Group Exercises (Maple) 2:15 Crafts: Valentine's Day 6:00 Indoor Bowling</p>
<p>10:30 Virtual Church Service 9 2:15 Touring Tunes 6:00 Musical Ball Toss</p>	<p>10:15 Manicure Social 10 1:30 Physio Group Exercises (Oak) 2:15 Magnetic Darts</p>	<p>10:15 Sensory Visits 11 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori</p>	<p>10:15 Java Memory Oak 12 2:15 Music by Tara Dunphy 6:00 Sing-A-Long with Katie</p>	<p>10:30 Poet Tree 13 10:30 BINGO 11:00 Physio Group Exercises (Maple) 3:00 Walks 6:00 Oak Men's Club</p>	<p>Visiting Library 14 Wear Red/Pink Today Valentine's Day 10:00 Pet Therapy Visits 2:15 Valentine's Day Social 6:00 Karaoke Night</p>	<p>10:30 Java Music 15 1:30 Physio Group Exercises (Maple) 2:15 Glenn Miller Sing-A-Long</p>
<p>10:30 Virtual Church Service 16 2:15 Crafts: Flower Making</p>	<p>Family Day 17 10:15 Manicure Social 1:30 Physio Group Exercises (Oak) 2:15 Family Feud Social 6:00 TV Classics: All in the Family</p>	<p>10:30 Chapel Service with Chris 18 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 3:15 Montessori 6:00 Indoor Bowling</p>	<p>10:15 Java Memory Oak 19 2:15 Crafts 6:00 Sing-A-Long with Katie</p>	<p>10:00 Catholic Mass 20 10:45 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Walks</p>	<p>10:15 Puzzles 21 2:15 Men's Club Pub and Grub 2:15 Sensory Visits 6:00 Karaoke Night</p>	<p>10:30 Java Music 22 1:30 Physio Group Exercises (Maple) 2:15 BINGO 6:00 Musical Ball Toss</p>
<p>10:30 Virtual Church Service 23 2:15 What's Cooking? 6:00 Basketball Toss</p>	<p>10:15 Manicure Social 24 1:30 Physio Group Exercises (Oak) 2:15 Basketball Toss</p>	<p>10:00 Hymn Sing 25 10:15 Sensory Visits 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Indoor Bowling 6:00 Montessori</p>	<p>10:15 Java Memory Oak 26 2:15 Music by Jude 2:45 OAK Birthday Party 6:00 Sing-A-Long with Katie</p>	<p>Provincial Election 27 10:00 Catholic Communion 10:45 BINGO 11:00 Physio Group Exercises (Maple) 3:15 Axe Throw 6:00 Helping Hands</p>	<p>8:45 Breakfast Club 28 10:00 Pet Therapy Visits 3:00 Ball Toss 6:00 Karaoke Night</p>	<p>All programs are subject to change Programs in PINK are located on the main floor Activity Room</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>MAPLE Suites <i>Activity Aide ~ Penny</i> sblprograms@southbridgecare.com ext. 2021</p>						<p>10:30 Java Music 1 1:30 Physio Group Exercises (Maple) 2:15 Charlie And the Chocolate factory movie (1971)</p>
<p>10:30 Virtual Church Service 2 2:15 The Story of the Groundhog</p>	<p>10:15 TV Classics 3 1:30 Physio Group Exercises (Oak) 2:15 Axe Throw</p>	<p>10:30 Chapel Service with Chris 4 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:00 Townhall Meeting 2:15 Manicure Social</p>	<p>10:30 Java Memory Maple 5 2:15 Music Entertainment with Cam Denomme</p>	<p>10:30 Drum Circle 6 10:30 Name that tune 11:00 Physio Group Exercises (Maple) 2:15 Board Games</p>	<p>10:15 Bingo 7 11:15 Sing-Along: You Say It, We Play It 2:15 Fry-Day</p>	<p>10:30 Java Music 8 1:30 Physio Group Exercises (Maple) 2:15 Crafts: Valentine's Day</p>
<p>10:30 Virtual Church Service 9 2:15 Touring Tunes</p>	<p>1:30 Physio Group Exercises (Oak) 10 2:15 Famous Couples Reminiscing 5:15 Dinner Program: Pizza</p>	<p>10:15 Manicure Social 11 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Love Song Sing A Long</p>	<p>10:15 Travel to Dubai Travelogue 12 2:15 Music by Tara Dunphy</p>	<p>10:30 Poet Tree 13 11:00 Physio Group Exercises (Maple) 2:15 Valentines Day Adult Coloring 2:30 Memory Lane Room Visits</p>	<p>Visiting Library 14 Wear Red/Pink Today. Valentine's Day. 10:00 Pet Therapy Visits 10:15 Bingo 11:15 Sing-Along: You Say It, We Play It 2:15 Valentine's Day Social</p>	<p>10:30 Java Music 15 1:30 Physio Group Exercises (Maple) 2:15 Glenn Miller Sing-A-Long</p>
<p>10:30 Virtual Church Service 16 2:15 Crafts: Flower Making</p>	<p>Family Day 17 10:15 TV Classics: All In The Family 1:30 Physio Group Exercises (Oak) 2:15 Family Feud Social</p>	<p>10:30 Chapel Service with Chris 18 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Manicure Social</p>	<p>10:30 Java Memory Maple 19 2:15 Trivia</p>	<p>10:00 Catholic Mass 20 10:15 Name that tune 11:00 Physio Group Exercises (Maple) 2:15 Board Games</p>	<p>10:15 Bingo 21 11:15 Sing-Along: You Say It, We Play It 2:15 Men's Club Pub and Grub</p>	<p>10:30 Java Music 22 1:30 Physio Group Exercises (Maple) 2:15 BINGO</p>
<p>10:30 Virtual Church Service 23 2:15 What's Cooking?</p>	<p>10:15 What's happening in the world 24 1:30 Physio Group Exercises (Oak) 2:15 Water Painting</p>	<p>9:45 Food Advisory & Residents' Council Meeting 25 10:15 Manicure Social 11:00 Physio Group Exercises (Oak) 1:30 Pet Therapy Visits 2:15 Aggravation Game</p>	<p>10:15 TV Classics 26 2:15 Colouring 2:15 Music by Jude</p>	<p>Provincial Election 27 10:00 Catholic Communion 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits 2:15 Inspire</p>	<p>8:45 Breakfast Club 28 10:00 Pet Therapy Visits 10:30 Bingo 11:15 Sing-Along: You Say It, We Play It 2:15 Indoor Walks</p>	<p>All programs are subject to change Programs in PINK are located on the main floor Activity Room</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h3>CHERRY Suites</h3> <p><i>Activity Aide ~ Amir</i> <i>sblprograms@southbridgecare.com</i> <i>ext. 2021</i></p>						10:30 Java Music 1 2:15 Charlie And the Chocolate factory movie (1971) 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 2 2:15 The Story of the Groundhog	10:15 Inspire 3 11:00 Physio Group Exercises (Cherry) 2:15 Memory Lane Room Visits	10:30 Chapel Service with Chris 4 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 BINGO	10:15 Java Memory Cherry 5 11:00 Physio Group Exercises (Cherry) 2:15 Music Entertainment with Cam Denomme	10:30 Dice Game: Left, Right, Centre 6 10:30 Drum Circle 2:15 Basketball Toss	10:15 Town Hall Meeting 7 10:30 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Fry-Day	10:30 Java Music 8 2:15 Crafts: Valentine's Day 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 9 2:15 Touring Tunes	11:00 Physio Group Exercises (Cherry) 10 2:15 Manicure Social 5:15 Dinner Program: Pizza	10:15 BINGO 11 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 Magnetic Darts	10:15 Java Memory Cherry 12 11:00 Physio Group Exercises (Cherry) 2:15 Music by Tara Dunphy	10:30 Poet Tree 13 2:15 Movie: The Princess Diaries	Visiting Library 14 Wear Red/Pink Today. Valentine's Day. 10:00 Pet Therapy Visits 10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Valentine's Day Social	10:30 Java Music 15 2:15 Glenn Miller Sing-A-Long 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 16 2:15 Crafts: Flower Making	Family Day 17 11:00 Physio Group Exercises (Cherry) 2:15 Family Feud Social	10:30 Chapel Service with Chris 18 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 BINGO	10:15 Java Memory Cherry 19 11:00 Physio Group Exercises (Cherry) 2:15 Manicure Social	10:00 Catholic Mass 20 2:15 Dice Game: Left, Right, Centre	10:15 Trivia 21 1:30 Physio Group Exercises (Willow) 2:15 Men's Club Pub and Grub	10:30 Java Music 22 2:15 BINGO 3:15 Physio Group Exercises (Willow)
10:30 Virtual Church Service 23 2:15 What's Cooking?	10:15 Dice Game: Left, Right, Centre 24 11:00 Physio Group Exercises (Cherry) 2:15 Axe Throw	9:45 Food Advisory & Residents' Council Meeting 25 1:30 Physio Group Exercises (Willow) 1:30 Pet Therapy Visits 2:15 BINGO	10:15 Java Memory Cherry 26 11:00 Physio Group Exercises (Cherry) 2:15 Music by Jude	Provincial Election 27 10:00 Catholic Communion 10:45 Hymn Sing 2:15 Movie: The Proposal	8:45 Breakfast Club 28 10:00 Pet Therapy Visits 1:30 Physio Group Exercises (Willow) 2:15 Trivia	All programs are subject to change Programs in PINK are located on the main floor Activity Room