



April 2024

Southbridge London





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Easter Monday 1 April Fools' Day 11:00 Physio Group Exercises (Cherry) 2:15 April Fools' Humor 3:00 Memory Lane Room Visits	10:15 Chapel Service with Chris 2 1:30 Physio Group Exercises (Willow) 2:15 BINGO	Visiting Library Delivery 3 10:30 Manicures 10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 1:45 Movie Matinee	10:00 Drum Circle 4 10:30 Magnetic Darts 2:15 Music with Ukes on the Run	10:15 Town Hall Meeting 5 10:30 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Bean Bag Toss	10:30 Java Mentors 6 11:00 Physio Group Exercises (Willow) 2:15 Gospel Music with the Sunshine Band
10:30 Virtual Church Service 7 2:15 What's Cooking?	Solar Eclipse Today! 8 10:15 Axe Throw 11:00 Physio Group Exercises (Cherry) 2:15 Left, Right, Centre Dice Game	10:15 BINGO 9 1:30 Physio Group Exercises (Willow) 2:15 101st Birthday Celebration for Connie	10:30 Manicures 10 10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Music with Tara Dunphy	10:30 Poet Tree 11 10:30 Sowing Seeds 2:15 Coffee, Treats & Chit Chat with Willow/Cherry	10:15 Trivia 12 12:30 Men's Club: Pizza Luncheon 1:30 Physio Group Exercises (Willow) 2:15 Travelogue	10:30 Java Music 13 11:00 Physio Group Exercises (Willow) 2:15 BINGO
10:30 Virtual Church Service 14 2:15 What's Cooking?	11:00 Physio Group Exercises (Cherry) 15 2:15 Memory Lane Room Visits	10:15 Bean Bag Toss 16 1:30 Physio Group Exercises (Willow) 2:15 BINGO	10:30 Java Memory 17 11:00 Physio Group Exercises (Cherry) 2:15 Music with Marie Bottrell	10:00 Catholic Mass 18 10:00 Wal-Mart Shopping & Lunch Outing 2:15 Manicures	10:15 Trivia 19 1:30 Physio Group Exercises (Willow) 2:15 Cherry Birthday Party	10:30 Java Music 20 11:00 Physio Group Exercises (Willow) 2:15 Spring Fling Social
10:30 Virtual Church Service 21 2:15 What's Cooking?	Earth Day 22 11:00 Physio Group Exercises (Cherry) 2:15 Documentary: Planet Earth 2:30 Outdoor Walks 5:00 Dinner Program: Harvey's Burgers	10:15 BINGO 23 1:30 Physio Group Exercises (Willow) 2:15 Cherry Cheese Cake Social	10:30 Manicures 24 10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Trivia	10:00 Catholic Communion 25 10:30 Apple Bird Feeders 2:15 Inspire 2:15 Outdoor Walks	8:45 Breakfast Club 26 1:30 Physio Group Exercises (Willow) 2:15 Knitting & Crocheting Club	10:30 Java Music 27 11:00 Physio Group Exercises (Willow) 2:15 Music with Larry Smith
10:30 Virtual Church Service 28 2:15 What's Cooking?	10:15 Chapel Service with Chris 29 11:00 Physio Group Exercises (Cherry) 2:15 Memory Lane Room Visits	9:45 Food Advisory & Residents' Council Meeting 30 1:30 Physio Group Exercises (Willow) 2:15 BINGO 7:00 Celebration of Life Service	All programs are subject to change Programs in BLUE are located on the main floor Activity Room		<h1>CHERRY Suites</h1> <p>Activity Aide ~ Amir sblprograms@southbridgecare.com ext. 2021</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Easter Monday 1 April Fools' Day 10:15 April Fools Jokes and Trivia 1:30 Physio Group Exercises (Oak) 2:15 Memory Lane	10:15 Chapel Service with Chris 2 11:00 Physio Group Exercises (Oak) 2:15 Manicures	Visiting Library Delivery 3 10:30 Java Memory 2:15 April Table Talk Tidbits	10:00 Drum Circle 4 10:15 Morning Walks 11:00 Physio Group Exercises (Maple) 2:15 Music with Ukes on the Run 2:45 Aggravation Game	10:15 BINGO 5 2:15 Who Am I? (Betty Crocker Month) 3:00 Town Hall Meeting	10:30 Java Mentors 6 1:30 Physio Group Exercises (Maple) 2:15 Gospel Music with the Sunshine Band
10:30 Virtual Church Service 7 2:15 What's Cooking?	Solar Eclipse Today! 8 10:15 Solar Eclipse Information 1:30 Physio Group Exercises (Oak) 2:15 All About Space Ships Travelling to the Moon	10:15 Manicures 9 11:00 Physio Group Exercises (Oak) 2:15 Last Day of Ramadan: Information, Questions & Answers 3:00 Walks	10:30 Java Memory 10 10:30 Reading Nook 2:15 Music with Tara Dunphy	10:30 Poet Tree 11 11:00 Physio Group Exercises (Maple) 2:15 Spring Walks	10:15 BINGO 12 12:30 Men's Club: Pizza Luncheon 2:15 Spring Time Make Over Afternoon	10:30 Java Music 13 1:30 Physio Group Exercises (Maple) 2:15 BINGO
10:30 Virtual Church Service 14 2:15 What's Cooking?	10:00 Sowing Seeds 15 1:30 Physio Group Exercises (Oak) 2:15 Movie Matinee	10:15 Manicures 16 11:00 Physio Group Exercises (Oak) 2:15 Memory Lane Room Visits	10:30 Java Memory 17 2:15 Music with Marie Bottrell	10:00 Catholic Mass 18 10:00 Wal-Mart Shopping & Lunch Outing 11:00 Physio Group Exercises (Maple) 2:30 Afternoon Walks	10:15 BINGO 19 2:15 Maple Birthday Party	10:30 Java Music 20 1:30 Physio Group Exercises (Maple) 2:15 Spring Fling Social
10:30 Virtual Church Service 21 2:15 What's Cooking?	Earth Day 22 1:30 Physio Group Exercises (Oak) 2:15 Documentary on Global Warming 5:00 Dinner Program: Harvey's Burgers	10:15 Manicures 23 10:30 Inspire 11:00 Physio Group Exercises (Oak) 2:15 Cherry Cheese Cake Social	10:30 Java Memory 24 2:15 Board Games	10:00 Catholic Communion 25 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits	8:45 Breakfast Club 26 10:15 BINGO 2:15 Knitting & Crocheting Club	10:30 Java Music 27 1:30 Physio Group Exercises (Maple) 2:15 Music with Larry Smith
10:30 Virtual Church Service 28 2:15 What's Cooking?	10:15 Chapel Service with Chris 29 10:30 Apple Bird Feeders 1:30 Physio Group Exercises (Oak) 2:15 Outdoor Walks	9:45 Food Advisory & Residents' Council Meeting 30 10:15 Manicures 11:00 Physio Group Exercises (Oak) 7:00 Celebration of Life Service	All programs are subject to change Programs in BLUE are located on the main floor Activity Room		<h1>MAPLE Suites</h1> <p>Activity Aide ~ Penny sblprograms@southbridgecare.com ext. 2021</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Easter Monday 1 April Fools' Day 10:15 Manicures 1:30 Physio Group Exercises (Oak) 2:15 Colour Your World 6:00 Indoor Bowling	10:15 Chapel Service with Chris 2 11:00 Physio Group Exercises (Oak) 2:15 Animals Up Close 2:30 Helping Hands 6:00 Trivia	Visiting Library Delivery 3 10:30 Java Memory 10:30 Ballon Ball 1:45 Movie Matinee 6:00 Axe Throw	10:00 Drum Circle 4 10:15 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Music with Ukes on the Run 6:00 Guitar Sing-a-long	10:15 Buddy Ebsen: The Beverly Hillbillies 5 2:15 Ball Toss 6:00 Karaoke Sing-a-long 7:00 Room Visits with Katie	10:30 Java Mentors 6 1:30 Physio Group Exercises (Maple) 2:15 Gospel Music with the Sunshine Band 6:00 Balloon Baseball
10:30 Virtual Church Service 7 2:15 What's Cooking? 6:00 Target Toss	Solar Eclipse Today! 8 10:15 Manicures 1:30 Physio Group Exercises (Oak) 2:15 Colour Your World 6:00 Indoor Bowling	10:15 Sensory Visits 9 11:00 Physio Group Exercises (Oak) 2:15 Crafts (Name Yourself) 6:00 Reading Nook (Library Workers Day)	10:15 Montessori 10 10:30 Java Memory 2:15 Music with Tara Dunphy 6:00 BINGO Night	10:15 BINGO 11 10:30 Poet Tree 11:00 Physio Group Exercises (Maple) 2:15 Helping Hands 2:30 Sensory Visits 6:00 Axe Throw	12:30 Men's Club: Pizza Luncheon 12 2:15 Ball Toss 6:00 Karaoke Sing-a-long	10:30 Java Music 13 1:30 Physio Group Exercises (Maple) 2:15 BINGO 6:00 Magnetic Darts
10:30 Virtual Church Service 14 2:15 What's Cooking? 6:00 Colour Your World (Dolphin Day)	10:15 Manicures 15 1:30 Physio Group Exercises (Oak) 2:15 Colour Your World 6:00 Short Stories	11:00 Physio Group Exercises (Oak) 16 2:15 Helping Hands 2:30 Sensory Visits 6:00 Indoor Bowling	10:30 Java Memory 17 2:15 Music with Marie Bottrell 6:00 Balloon Baseball	10:00 Catholic Mass 18 10:35 BINGO 11:00 Physio Group Exercises (Maple) 6:00 Fun and Fit (Exercise Day)	10:15 Tour Scotland 19 12:00 Noon Hour Trivia 2:15 Ball Toss 6:00 Karaoke Sing-a-long	10:30 Java Music 20 1:30 Physio Group Exercises (Maple) 2:15 Spring Fling Social 6:00 Guitar Sing-a-long
10:30 Virtual Church Service 21 2:15 What's Cooking? 6:00 Axe Throw	Earth Day 22 10:15 Manicures 1:30 Physio Group Exercises (Oak) 2:15 Documentary: Planet Earth 2:30 Colour Your World 6:00 Indoor Bowling	10:15 Sensory Visits 23 10:45 Jane Goodall: Chimpanzees 11:00 Physio Group Exercises (Oak) 2:15 Cherry Cheese Cake Social 6:00 Trivia	10:15 Montessori 24 10:30 Java Memory 2:15 Higher or Lower Card Game 6:00 Guitar Sing-a-long	10:00 Catholic Communion 25 10:35 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Helping Hands 6:00 Balloon Baseball	8:45 Breakfast Club 26 2:15 Knitting & Crocheting Club 2:15 Flower Arranging	10:30 Java Music 27 1:30 Physio Group Exercises (Maple) 2:15 Music with Larry Smith 6:00 Story Reading
10:30 Virtual Church Service 28 2:15 What's Cooking? 6:00 Colour Your World	10:15 Manicures 29 10:15 Chapel Service with Chris 1:30 Physio Group Exercises (Oak) 2:15 Colour Your World 5:00 Dinner Program: Harvey's Burgers	11:00 Physio Group Exercises (Oak) 30 2:15 OAK Birthday Party 7:00 Celebration of Life Service	All programs are subject to change Programs in BLUE are located on the main floor Activity Room		<h1>OAK Suites</h1> <p>Activity Aides ~ Elisabeth & Katie sbiprograms@southbridgecare.com ext. 2021</p>	

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	Easter Monday 1 April Fools' Day 10:15 April Fools' Day Around the World 2:15 Colour Your World	10:15 Chapel Service 2 with Chris 2:15 BINGO	Visiting Library Delivery 3 10:30 Java Memory 1:30 Physio Group Exercises (Pine) 1:45 Movie Matinee	10:00 Drum Circle 4 1:30 Physio Group Exercises (Pine) 2:15 Music with Ukles on the Run	10:15 Town Hall 5 Meeting 10:30 Crafts 11:00 Physio Group Exercises (Pine) 2:15 Manicures	10:30 Java Mentors 6 2:15 Gospel Music with the Sunshine Band
10:30 Virtual Church 7 Service 2:15 What's Cooking?	Solar Eclipse Today! 8 2:15 All About the Solar Eclipse	10:15 Left, Right, 9 Centre Dice Game 2:15 Whiteboard Word Games	10:15 BINGO 10 10:30 Java Memory 1:30 Physio Group Exercises (Pine) 2:15 Music with Tara Dunphy	10:30 Poet Tree 11 10:30 Outdoor Walks 1:30 Physio Group Exercises (Pine) 2:15 Trivia	10:15 Sing-a-Long 12 11:00 Physio Group Exercises (Pine) 12:30 Men's Club: Pizza Luncheon 2:15 Manicures	10:30 Java Music 13 2:15 BINGO
10:30 Virtual Church 14 Service 2:15 What's Cooking?	10:15 Colour Your 15 World 2:15 Who Am I?	10:30 Axe Throw 16 2:15 Whiteboard Word Games	10:15 BINGO 17 10:30 Java Memory 1:30 Physio Group Exercises (Pine) 2:15 Music with Marie Bottrell	10:00 Catholic Mass 18 10:45 Hymn Sing 1:30 Physio Group Exercises (Pine) 2:15 Memory Lane Room Visits	10:15 Crafts 19 11:00 Physio Group Exercises (Pine) 2:15 Manicures	10:30 Java Music 20 2:15 Spring Fling Social
10:30 Virtual Church 21 Service 2:15 What's Cooking?	Earth Day 22 2:15 Documentary: Planet Earth 2:30 Memory Lane Room Visits	10:15 Whiteboard 23 Word Games 2:15 Cherry Cheese Cake Social	10:15 BINGO 24 10:30 Java Memory 1:30 Physio Group Exercises (Pine) 2:30 Pine Birthday Party	10:00 Catholic 25 Communion 10:00 Wal-Mart Shopping & Lunch Outing 1:30 Physio Group Exercises (Pine) 2:15 Trivia	8:45 Breakfast Club 26 11:00 Physio Group Exercises (Pine) 2:15 Knitting & Crocheting Club	10:30 Java Music 27 2:15 Music with Larry Smith
10:30 Virtual Church 28 Service 2:15 What's Cooking?	10:15 Chapel Service 29 with Chris 2:15 Travelogue 5:00 Dinner Program: Harvey's Burgers	9:45 Food Advisory & 30 Residents' Council Meeting 2:15 Whiteboard Word Games 7:00 Celebration of Life Service	All programs are subject to change Programs in BLUE are located on the main floor Activity Room		<h1>PINE Suites</h1> <p>Activity Aide ~ Hillary sblprograms@southbridgecare.com ext. 2021</p>	

April 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Easter Monday 1 April Fools' Day 10:15 Crafts 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	10:15 Chapel Service with Chris 2 1:30 Physio Group Exercises (Willow) 2:15 Finish the Phrase	Visiting Library Delivery 3 10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 1:45 Movie Matinee	10:00 Drum Circle 4 10:30 Manicures 2:15 Music with Ukes on the Run	1:30 Physio Group Exercises (Willow) 5 2:15 Memory Lane Room Visits	10:30 Java Mentors 6 11:00 Physio Group Exercises (Willow) 2:15 Gospel Music with the Sunshine Band
10:30 Virtual Church Service 7 2:15 What's Cooking?	Solar Eclipse Today! 8 10:15 Town Hall Meeting 10:30 Solar Eclipse Tips & Facts 11:00 Physio Group Exercises (Cherry) 1:45 Movie Matinee	10:00 Hope Group 9 1:30 Physio Group Exercises (Willow) 2:15 Memory Lane Room Visits	10:30 Java Memory 10 11:00 Physio Group Exercises (Cherry) 2:15 Music with Tara Dunphy	10:30 Manicures 11 10:30 Poet Tree 2:15 Coffee, Treats & Chit Chat with Willow/Cherry	10:15 Crafts 12 12:30 Men's Club: Pizza Luncheon 1:30 Physio Group Exercises (Willow) 2:15 BINGO	10:30 Java Music 13 11:00 Physio Group Exercises (Willow) 2:15 BINGO
10:30 Virtual Church Service 14 2:15 What's Cooking?	10:15 Outdoor Walks 15 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	10:15 Crafts 16 1:30 Physio Group Exercises (Willow) 2:15 Dice Game: Left, Right, Center	10:30 Java Memory 17 11:00 Physio Group Exercises (Cherry) 2:15 Music with Marie Bottrell	10:00 Catholic Mass 18 10:45 Manicures 2:15 Trivia	1:30 Physio Group Exercises (Willow) 19 2:15 Memory Lane Room Visits	10:30 Java Music 20 11:00 Physio Group Exercises (Willow) 2:15 Spring Fling Social
10:30 Virtual Church Service 21 2:15 What's Cooking?	Earth Day 22 10:15 Crafts Earth Day 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	1:30 Physio Group Exercises (Willow) 23 2:15 Cherry Cheese Cake Social	10:30 Java Memory 24 11:00 Physio Group Exercises (Cherry) 2:30 Willow Birthday Party	10:00 Catholic Communion 25 10:00 Wal-Mart Shopping & Lunch Outing 2:30 Trivia: What Tree Am I?	8:45 Breakfast Club 26 1:30 Physio Group Exercises (Willow) 2:15 Knitting & Crocheting Club	10:30 Java Music 27 11:00 Physio Group Exercises (Willow) 2:15 Music with Larry Smith
10:30 Virtual Church Service 28 2:15 What's Cooking?	10:15 Chapel Service with Chris 29 11:00 Physio Group Exercises (Cherry) 2:15 BINGO 5:00 Dinner Program: Harvey's Burgers	9:45 Food Advisory & Residents' Council Meeting 30 1:30 Physio Group Exercises (Willow) 7:00 Celebration of Life Service	All programs are subject to change Programs in BLUE are located on the main floor Activity Room		<h1>WILLOW Suites</h1> <p>Activity Aide ~ Russlyn sblprograms@southbridgecare.com ext. 2021</p>	