

Tea

March 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are subject to change Programs in GREEN are located on the main floor Activity Room			Chello		World Day of Prayer 10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 World Day of Prayer Video on Palestine	10:30 Java Mentors Group Meeting 11:00 Physio Group Exercises (Willow) 2:15 Leprechaun Toss
10:30 Virtual Church Service 2:15 What's Cooking?	10:00 Hope Group 11:00 Physio Group Exercises (Cherry) 2:15 Music with Tara Dunphy	10:15 Chapel Service with Chris 1:30 Physio Group Exercises (Willow) 2:15 BINGO	10:30 Manicures 10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:00 Movie Matinee	10:15 Town Hall Meeting 10:30 Game: Left, Right, Center 2:15 Bean Bag Toss	10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Men's Club	10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 French Fry Social
Daylight Savings Turn Clocks Ahead 1 Hour 10:30 Virtual Church 2:15 What's Cooking?	Ramadan Begins 11:00 Physio Group Exercises (Cherry) 2:15 All About Ramadan 5:00 Chick-Fil-A Dinner	10:15 BINGO 1:30 Physio Group Exercises (Willow) 2:15 Bean Bag Toss	10:30 Manicures 10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Sing Along with Richard	10:30 Drum Circle 10:30 Manicures 2:15 Crafts	10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Music with the Celtic Group	10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 Luck of the Irish Bingo
St. Patrick's Day 10:30 Virtual Church 2:15 St. Patrick's Day Social with Shamrock Shakes	10:30 Poet Tree 11:00 Physio Group Exercises (Cherry) 2:15 Memory Lane Room Visits	First Day of Spring 10:15 Chapel Service with Chris 1:30 Physio Group Exercises (Willow) 2:30 Spring Roll Social	10:30 Manicures 10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Music with Martin Gelinas	10:00 Catholic Mass 10:00 Outing: Dollarama 2:15 BINGO	8:45 Breakfast Club 1:30 Physio Group Exercises (Willow) 2:15 Trivia	10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 Spring Craft
10:30 Virtual Church Service 2:15 What's Cooking?	10:15 Axe Throw 11:00 Physio Group Exercises (Cherry) 2:15 Manicures	9:45 Food Advisory & Residents' Council Meeting 1:30 Physio Group Exercises (Willow) 2:15 BINGO	10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Music with Gary McGill	10:00 Catholic Communion 10:45 Memory Lane Room Visits 2:15 Cherry Birthday Party	Good Friday 10:15 Trivia 1:30 Physio Group Exercises (Willow) 2:15 Knitting & Crocheting Club	10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 Easter Egg Painting
Easter Sunday 10:30 Virtual Church Service 2:15 Faster Sunday	HAPPY EASTER!	SRING FOA	Pamadan	HAPPY *	CHERRY	Y Suites

Ramadan

Activity Aide ~ Amir sblprograms@southbridgecare.com



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are subject to change Programs in GREEN are located on the main floor Activity Room			Spring		World Day of Prayer 10:15 BINGO 2:00 Town Hall Meeting 2:15 World Day of Prayer Video on Palestine 2:30 Board Games	10:30 Java Mentors Group Meeting 1:30 Physio Group Exercises (Maple) 2:15 Leprechaun Toss
10:30 Virtual Church Service 2:15 What's Cooking?	10:15 Bean Bag Toss 1:30 Physio Group Exercises (Oak) 2:15 Music with Tara Dunphy	10:15 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 1:45 Manicures	10:30 Java Memory 2:00 Travelogue to Ireland	10:15 Sound of Music Trivia 7 10:30 Sharing YOUR Favourite Things 11:00 Physio Group Exercises (Maple) 1:45 The Sound of Music Movie	10:15 BINGO 2:00 Irish Folk Wisdom Group 2:15 Men's Club	1:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 French Fry Social
Daylight Savings Turn Clocks Ahead 1 Hour 10:30 Virtual Church 2:15 What's Cooking?	Ramadan Begins 10:15 Day of Muslin Culture 1:30 Physio Group Exercises (Oak) 5:00 Chick-Fil-A Dinner	10:15 Manicures 11:00 Physio Group Exercises (Oak) 2:00 Maple Birthday Party	10:15 Memory Lane Room Visits 10:30 Java Memory 2:15 Sing Along with Richard	10:30 Drum Circle 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits	10:15 BINGO 2:15 Music with the Celtic Group	10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Luck of the Irish Bingo
St. Patrick's Day 10:30 Virtual Church 2:15 St. Patrick's Day Social with Shamrock Shakes	10:30 Poet Tree 1:30 Physio Group Exercises (Oak) 2:15 Trivia & Coffee Time	First Day of Spring 10:15 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 2:30 Spring Roll Social	10:30 Java Memory 1:45 Manicures 2:15 Music with Martin Gelinas	10:00 Catholic Mass 10:00 Outing: Dollarama 11:00 Physio Group Exercises (Maple) 1:45 Inspire 2:30 Yoga & Meditation	8:45 Breakfast Club 22 10:15 BINGO 2:15 Spring Paper Flower Making	1:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Spring Craft
10:30 Virtual Church Service 2:15 What's Cooking?	10:15 Spring Craft 1:30 Physio Group Exercises (Oak) 2:00 Singin' in the Rain Movie 2:15 Memory Lane Room Visits	9:45 Food Advisory & Residents' Council Meeting 10:15 Manicures 11:00 Physio Group Exercises (Oak) 2:30 Spring Walks	10:30 Java Memory 2:15 Music with Gary McGill	10:00 Catholic Communion 11:00 Physio Group Exercises (Maple) 2:15 Memory Lane Room Visits	Good Friday 10:15 BINGO 2:15 Knitting & Crocheting Club	1:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Easter Egg Painting
Easter Sunday 10:30 Virtual Church Service	HAPPY EASTER!	SRING FOR	Payada:	HAPPY TO S	MAPLE	Suites

Ramadan

Activity Aide ~ Penny sblprograms@southbridgecare.com



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are subject to change Programs in GREEN are located on the main floor Activity Room			C HELLO Spring		World Day of Prayer 2:15 World Day of Prayer Video on Palestine 2:15 Flower Arranging 6:00 Karaoke Sing-a-long	10:30 Java Mentors Group Meeting 1:30 Physio Group Exercises (Maple) 2:15 Leprechaun Toss 6:00 Play Catch
10:30 Virtual Church Service 2:15 What's Cooking? 6:00 Funny Pet Videos	10:15 Manicures 1:30 Physio Group Exercises (Oak) 2:15 Music with Tara Dunphy 6:00 Indoor Bowling	10:15 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 2:00 Helping Hands 6:00 Guitar Sing-Along	10:30 Java Memory 1:45 Travelogue to Ireland 6:00 Balloon Baseball	10:15 BINGO 7 11:00 Physio Group Exercises (Maple) 11:00 Remember When? 2:15 Magnetic Darts 6:00 Story Reading	10:15 All About Rio de Janiro 2:15 Men's Club 6:00 Karaoke Sing-a- long	1:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 French Fry Social 6:00 Axe Throw
Daylight Savings Turn Clocks Ahead 1 Hour 10:30 Virtual Church 2:15 What's Cooking? 6:00 Musical Ball Toss	Ramadan Begins 10:15 Manicures 1:30 Physio Group Exercises (Oak) 2:00 Virtual Mosque Tour 6:00 Indoor Bowling	10:15 My Favourite Things 12 10:30 The Sound of Music Songs 11:00 Physio Group Exercises (Oak) 2:15 Ramadan Craft 6:00 Trivia	10:15 Montessori 10:30 Java Memory 2:15 Sing Along with Richard 6:00 Guitar Sing-a-long	10:15 BINGO 10:30 Drum Circle 11:00 Physio Group Exercises (Maple) 11:00 Virtual Videos Around The World 6:00 Balloon Baseball	2:15 Music with the Celtic Group 6:00 Karaoke Sing-along 7:00 Room Visits with Katie	10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Luck of the Irish Bingo 6:00 Colouring: Pandas
St. Patrick's Day 10:30 Virtual Church 2:15 St. Patrick's Day Social with Shamrock Shakes 6:00 St. Patrick Documentary	10:15 Manicures 10:30 Poet Tree 1:30 Physio Group Exercises (Oak) 2:15 Colour Your World 5:00 Dinner Program: Chick-fil-A	First Day of Spring 10:15 Chapel Service with Chris 11:00 Physio Group Exercises (Oak) 2:30 Spring Roll Social 6:00 BINGO Night!	10:30 Java Memory 10:30 Creative Play 2:15 Music with Martin Gelinas 6:00 Axe Throw	10:00 Catholic Mass 10:45 BINGO 11:00 Physio Group Exercises (Maple) 2:15 Colour Your World 6:00 Poetry Reading	8:45 Breakfast Club 10:30 It's Puzzling 12:00 Noon Hour Trivia 2:15 Flower Arranging	1:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Spring Craft 6:00 Musical Ball Toss
10:30 Virtual Church Service 2:15 What's Cooking? 6:00 Guitar Sing-a- long	10:15 Manicures 1:30 Physio Group Exercises (Oak) 2:15 Helping Hands 2:30 Sensory Visits 6:00 Indoor Bowling	10:15 Sensory Visits 11:00 Physio Group Exercises (Oak) 2:15 Happy Holi Colouring 6:00 Bean Bag Toss	10:15 Montessori 10:30 Java Memory 2:15 Music with Gary McGill 6:00 Axe Throw	10:00 Catholic Communion 10:40 BINGO 11:00 Physio Group Exercises (Maple) 2:00 Hymn Sing 2:30 Oak Birthday Party 6:00 Guitar Sing-a-long	Good Friday 2:15 Knitting & Crocheting Club 6:00 Karaoke Sing-a- long 7:00 Room Visits with Katie	10:30 Java Music 1:30 Physio Group Exercises (Maple) 2:15 Easter Egg Painting 6:00 Black Saturday 40th Day Prayer
Easter Sunday 10:30 Virtual Church Service	HAPPY EASTER!	CARING FOR		HAPPY	OAK S	Suites

Ramadan

OAK Suites

Activity Aides ~ Elisabeth & Katie sblprograms@southbridgecare.com

6:00 Documentary (I **Believe in Easter)**

2:15 Easter Sunday Tea



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are subject to change Programs in GREEN are located on the main floor Activity Room			Sping		World Day of Prayer 10:15 World Day of Prayer Video on Palestine 11:00 Physio Group Exercises (Pine) 2:15 Manicures	10:30 Java Mentors Group Meeting 2:15 Leprechaun Toss
10:30 Virtual Church Service 2:15 What's Cooking?	10:15 Colour Your World 2:15 Music with Tara Dunphy	10:15 Chapel Service with Chris 2:15 Town Hall Meeting 2:30 Whiteboard Word Games	10:15 BINGO 10:30 Java Memory 1:30 Physio Group Exercises (Pine) 1:45 Movie Matinee	1:30 Physio Group Exercises (Pine) 2:15 Memory Lane Room Visits	10:15 Crafts 11:00 Physio Group Exercises (Pine) 2:15 Manicures 2:15 Men's Club	10:30 Java Music 9 2:15 French Fry Social
Daylight Savings Turn Clocks Ahead 1 Hour 10:30 Virtual Church 2:15 What's Cooking?	Ramadan Begins 2:15 Memory Lane Room Visits	10:15 Axe Throw 2:15 Whiteboard Word Games	10:30 Java Memory 1:30 Physio Group Exercises (Pine) 2:15 Sing Along with Richard	10:30 Drum Circle 10:30 BINGO 1:30 Physio Group Exercises (Pine) 2:15 Trivia	10:15 Travel to Ireland 15 11:00 Physio Group Exercises (Pine) 2:15 Music with the Celtic Group	10:30 Java Music 2:15 Luck of the Irish Bingo
St. Patrick's Day 10:30 Virtual Church 2:15 St. Patrick's Day Social with Shamrock Shakes	10:30 Poet Tree 2:15 Crafts 5:00 Dinner Program: Chick-fil-A	First Day of Spring 10:15 Chapel Service with Chris 2:15 Hymn Sing 2:30 Spring Roll Social	10:15 BINGO 10:30 Java Memory 1:30 Physio Group Exercises (Pine) 2:15 Music with Martin Gelinas	10:00 Catholic Mass 1:30 Physio Group Exercises (Pine) 2:15 Memory Lane Room Visits	8:45 Breakfast Club 22 11:00 Physio Group Exercises (Pine) 2:15 Manicures	10:30 Java Music 2:15 Spring Craft
10:30 Virtual Church Service 2:15 What's Cooking?	2:15 Memory Lane 25 Room Visits	9:45 Food Advisory & 26 Residents' Council Meeting 2:15 Pine Birthday Party	10:15 BINGO 10:30 Java Memory 1:30 Physio Group Exercises (Pine) 2:15 Music with Gary McGill	10:00 Catholic Communion 10:45 Trivia 1:30 Physio Group Exercises (Pine) 1:30 Outing: Dollarama	Good Friday 10:15 Crafts 11:00 Physio Group Exercises (Pine) 2:15 Knitting & Crocheting Club	10:30 Java Music 2:15 Easter Egg Painting
Easter Sunday 10:30 Virtual Church Service	HAPPY EASTER!	SRING FOR	Paradar.	HAPPY	PINE	Suites

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Activity Aide ~ Hillary sblprograms@southbridgecare.com



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
All programs are subject to change Programs in GREEN are located on the main floor Activity Room			Sping		World Day of Prayer 10:15 Crafts 1:30 Physio Group Exercises (Willow) 2:15 World Day of Prayer Video on Palestine 2:15 Walks	10:30 Java Mentors Group Meeting 11:00 Physio Group Exercises (Willow) 2:15 Leprechaun Toss	
10:30 Virtual Church Service 2:15 What's Cooking?	10:15 BINGO 11:00 Physio Group Exercises (Cherry) 2:15 Music with Tara Dunphy	10:15 Chapel Service with Chris 1:30 Physio Group Exercises (Willow) 2:15 Game: Left, Right, Center	10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 1:45 Travelogue: Ireland	10:00 Inspire 7 10:15 Manicures 2:15 Trivia on YouTube 3:00 Town Hall Meeting	1:30 Physio Group Exercises (Willow) 2:15 Men's Club 2:15 Memory Lane Room Visits	10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 French Fry Social	
Daylight Savings Turn Clocks Ahead 1 Hour 10:30 Virtual Church 2:15 What's Cooking?	Ramadan Begins 10:15 Virtual Tour of Mosques 11:00 Physio Group Exercises (Cherry) 2:15 BINGO	10:00 Hymn Sing & Bible 12 Study 1:30 Physio Group Exercises (Willow) 2:15 Memory Lane Room Visits	10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Sing Along with Richard	10:30 Manicures 10:30 Drum Circle 2:15 Trivia on YouTube	10:15 100th Birthday Celebration for Marion 1:30 Physio Group Exercises (Willow) 2:15 Music with the Celtic Group	10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 Luck of the Irish Bingo	
St. Patrick's Day 10:30 Virtual Church 2:15 St. Patrick's Day Social with Shamrock Shakes	10:30 Poet Tree 11:00 Physio Group Exercises (Cherry) 2:15 BINGO 5:00 Dinner Program: Chick-fil-A	First Day of Spring 10:15 Chapel Service with Chris 1:30 Physio Group Exercises (Willow) 2:30 Spring Roll Social	10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Music with Martin Gelinas	10:00 Catholic Mass 10:45 Manicures 2:15 Trivia on YouTube	8:45 Breakfast Club 1:30 Physio Group Exercises (Willow) 2:15 Memory Lane Room Visits	10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 Spring Craft	
10:30 Virtual Church 24 Service 2:15 What's Cooking?	10:15 BINGO 11:00 Physio Group Exercises (Cherry) 2:30 Willow Birthday Party	9:45 Food Advisory & Residents' Council Meeting 10:00 Hope Group 1:30 Physio Group Exercises (Willow) 2:15 Memory Lane Room Visits	10:30 Java Memory 11:00 Physio Group Exercises (Cherry) 2:15 Music with Gary McGill	10:00 Catholic Communion 10:45 Trivia on YouTube 1:30 Outing: Dollarama	Good Friday 10:15 Crafts 1:30 Physio Group Exercises (Willow) 2:15 Knitting & Crocheting Club	10:30 Java Music 11:00 Physio Group Exercises (Willow) 2:15 Easter Egg Painting	
Easter Sunday 10:30 Virtual Church Service 2:15 Faster Sunday	Stillshirt and a still state of the state of	SRING FOR	Pamadan	HAPPY LONG	WILLOV	N Suites	

Ramadan

Activity Aide ~ Russlyn sblprograms@southbridgecare.com