



May 2023

Southbridge London

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>* = Whole Home Program in the Activity Room (main floor)</i></p> <p>All programs are subject to change</p>	<p><u>May Day</u> 1</p> <p>10:15 Crafts</p> <p>2:15 Documentary</p>	<p>9:00 Chaplain Visits 2</p> <p>10:15 Whiteboard Word Games</p> <p>2:30 Music with Larry Smith *</p>	<p><u>Library Pick-Up</u> 3</p> <p>10:15 Bingo</p> <p>1:30 Physio Group Exercises</p> <p>2:15 Craft: Fascinators *</p>	<p>10:15 Puzzles and Word Games 4</p> <p>10:30 Hymn Sing</p> <p>1:30 Physio Group Exercises</p>	<p><u>Cinco de Mayo</u> 5</p> <p>10:15 Manicures</p> <p>11:00 Physio Group Exercises</p> <p>2:15 Margarita Social *</p>	<p><u>King's Coronation</u> 6</p> <p>10:30 Java Music Program *</p> <p>10:30 Drum Circle</p> <p>2:15 High Tea *</p>
<p>9:00 Chaplain Visits 7</p> <p>10:30 Chapel Service *</p> <p>10:45 Virtual Sunday Service</p> <p>2:15 Indoor Bowling *</p>	<p>10:15 Morning Games 8</p> <p>2:30 Music with Bob & Rose Marie Finlay *</p>	<p>9:00 Chaplain Visits 9</p> <p>10:15 Whiteboard Word Games</p> <p>2:15 Movie Matinee</p>	<p>10:15 Bingo 10</p> <p>1:30 Physio Group Exercises</p> <p>2:15 Baking</p>	<p>9:00 Chaplain Visits 11</p> <p>10:00 Giant Tiger Shopping & Tim Horton's Lunch Outing</p> <p>1:30 Physio Group Exercises</p> <p>2:15 Afternoon Visits</p>	<p>10:15 Manicures 12</p> <p>11:00 Physio Group Exercises</p> <p>2:15 Men's Club *</p> <p>2:15 Walks</p>	<p>10:30 Java Music Program 13</p> <p>1:30 Gaither Gospel with Jack *</p>
<p><u>Mother's Day</u> 14</p> <p>10:45 Virtual Sunday Service</p> <p>2:15 Mother's Day Social *</p>	<p>2:15 Trivia 15</p> <p>5:00 Pizza on the Patio (Sign Up)</p>	<p>9:00 Chaplain Visits 16</p> <p>10:15 Whiteboard Word Games</p> <p>2:15 Visits</p>	<p>10:30 Piano Music with Craig Hancock *</p> <p>1:30 Physio Group Exercises</p> <p>2:15 Bingo</p>	<p>10:15 Puzzles and Word Games 18</p> <p>1:30 Physio Group Exercises</p> <p>2:30 Hymn Sing</p>	<p>10:15 Manicures 19</p> <p>11:00 Physio Group Exercises</p> <p>2:15 Fry-Day (French Fries) *</p>	<p>10:30 Java Music Program 20</p> <p>10:30 Poet Tree</p> <p>11:30 Chaplain Visits</p> <p>2:15 Crafts</p>
<p>9:00 Chaplain Visits 21</p> <p>10:30 Chapel Service *</p> <p>10:45 Virtual Sunday Service</p> <p>2:15 Reminiscing on the Patio</p>	<p><u>Victoria Day</u> 22</p> <p>10:00 Victoria Day Word Puzzles</p> <p>2:30 Victoria Day Social *</p>	<p>9:00 Chaplain Visits 23</p> <p>10:15 Whiteboard Word Games</p> <p>2:15 Sensory Visits</p> <p>2:15 Movie Matinee</p>	<p>10:15 Bingo 24</p> <p>1:30 Physio Group Exercises</p> <p>2:15 Baking</p>	<p>9:00 Chaplain Visits 25</p> <p>10:00 Outdoor Walks</p> <p>1:30 Physio Group Exercises</p> <p>2:30 Music with Tara Dunphy *</p>	<p>8:45 Breakfast Club * 26</p> <p>10:30 Manicures</p> <p>11:00 Physio Group Exercises</p> <p>2:15 Visit with Chelsey Park Friends</p> <p>2:15 Knitting & Crocheting Club *</p>	<p>10:30 Java Music Program 27</p> <p>2:15 Smiling Our Way to Health *</p>
<p>10:45 Virtual Sunday Service 28</p> <p>2:15 Indoor Bowling *</p>	<p>10:15 Crafts 29</p> <p>2:15 Travelogue</p>	<p>9:00 Chaplain Visits 30</p> <p>9:45 Food Advisory & Residents' Council Meeting *</p> <p>10:30 Whiteboard Word Games</p> <p>2:15 Visits</p>	<p>10:15 Bingo 31</p> <p>11:15 Town Hall Meeting</p> <p>1:30 Physio Group Exercises</p> <p>2:15 Pine Monthly Birthday Party</p>	<p>PINE Suites</p> <p><i>Activity Aide ~ Hillary</i></p>		