



March 2023

Southbridge London



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>WILLOW Suites</div> <div>Activity Aide ~ Russlyn</div>			<div><u>National Peanut Butter Lover's Day</u> 1</div> <div><u>Visiting Library Delivery</u></div> <div>10:15 Townhall Meeting</div> <div>10:30 Whiteboard Games</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>2:15 Baking - Peanut Butter Cookies</div>	<div>9:00 Chaplain Visits 2</div> <div>10:15 Manicures</div> <div>2:30 World Day of Prayer Service *</div>	<div><u>World Day of Prayer</u> 3</div> <div>10:15 Crafts - Creating Leprechauns</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>2:15 Racing Leprechauns</div>	<div>10:15 Gaither Gospel with Jack * 4</div> <div>11:00 Physio Group Exercises (Willow)</div> <div>2:30 Pen Pal Meet & Greet *</div>
<div>10:15 Virtual Sunday Service 5</div> <div>2:15 Indoor Bowling *</div>	<div>10:30 Piano Music with Craig Hancock * 6</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>2:15 Euchre / Cribbage (Willow)</div>	<div>10:15 Craft - Shamrock 7</div> <div>12:00 K.F.C. Lunch in the Activity Room (sign up) *</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>1:30 Chaplain Visits</div> <div>1:45 Travelogue - Ireland</div> <div>2:00 Recreation Staff in a meeting</div>	<div><u>International Women's Day</u> 8</div> <div>10:15 Whiteboard Games</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>11:00 Visits</div> <div>2:15 Down Memory Lane</div>	<div>10:15 Manicures 9</div> <div>10:30 Hymn Sing</div> <div>2:15 Game -Left, Right, Center</div>	<div>10:15 Trivia Puzzles 10</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>2:30 Art with Val *</div> <div>6:30 Bingo with Katie</div>	<div>10:30 Drum Circle * 11</div> <div>11:00 Physio Group Exercises (Willow)</div> <div>2:30 Music Entertainment with The Celtic Knot *</div>
<div><u>Daylight Saving Time Begins ~ Spring Forward</u> 12</div> <div>10:30 Chapel Service *</div> <div>10:45 Virtual Sunday Service</div> <div>2:15 Indoor Bowling *</div>	<div>10:15 Colour Your World - Celtic Knot 13</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>2:15 Euchre / Cribbage (Willow)</div>	<div>10:30 Hope Group 14</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>2:15 Trivia Puzzles</div>	<div>10:15 Whiteboard Games - Having Fun with Limericks 15</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>11:00 Visits</div> <div>2:15 Baking</div>	<div><u>The Price is Right</u> 16</div> <div>10:15 Manicures</div> <div>1:30 Chaplain Visits</div> <div>2:00 Room to Room: Price is Right</div>	<div><u>Dress in Green St. Patrick's Day</u> 17</div> <div>10:15 St. Patrick's Day Trivia</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>2:30 St. Patrick's Day Social *</div>	<div>11:00 Physio Group Exercises (Willow) 18</div> <div>2:15 Creative Expressions</div>
<div>10:45 Virtual Sunday Service 19</div> <div>2:30 Dance Party *</div>	<div><u>First Day of Spring</u> 20</div> <div>10:15 Bingo</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>11:00 Room Visits</div> <div>2:30 Spring Rolls Social *</div>	<div>10:15 Craft - Spring Flower Arrangements 21</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>1:30 Chaplain Visits</div> <div>2:30 Music Entertainment with Gord Bell *</div> <div>7:00 Celebration of Life Service</div>	<div>8:45 Breakfast Club (sign-up) * 22</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>11:00 Visits</div> <div>2:15 Whiteboard Word Games</div>	<div><u>Ramadan Begins</u> 23</div> <div>10:15 Manicures</div> <div>10:15 Documentary - This is Ramadan</div> <div>2:15 Ramadan Adult Colouring & Learning About Ramadan</div> <div>2:30 Hymn Sing</div>	<div>10:15 Trivia Puzzles 24</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>2:15 Sing-a-long</div> <div>3:00 1:1 Music Visits</div> <div>6:30 Bingo with Katie</div>	<div>10:30 Poet Tree * 25</div> <div>11:00 Physio Group Exercises (Willow)</div> <div>1:30 Country Drive</div>
<div>10:30 Chapel Service * 26</div> <div>10:45 Virtual Sunday Service</div> <div>2:15 Indoor Bowling *</div>	<div><u>Hawaii Day</u> 27</div> <div>10:15 Bingo</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>11:00 Room Visits</div> <div>2:30 Hawaiian Social *</div>	<div>9:45 Food Advisory & Residents' Council Meeting * 28</div> <div>10:30 Trivia Puzzles</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>2:30 Inspire</div>	<div>10:15 Whiteboard Games 29</div> <div>11:00 Physio Group Exercises (Cherry)</div> <div>11:00 Visits</div> <div>2:15 Baking</div>	<div>10:15 Manicures 30</div> <div>1:30 Chaplain Visits</div> <div>2:30 Music Entertainment with Susie-Q *</div>	<div>10:15 Calendar Delivery 31</div> <div>1:30 Physio Group Exercises (Willow)</div> <div>2:15 Knitting & Crocheting Club *</div>	<div>* = Whole Home Program in the Activity Room (main floor)</div>