

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:15 Craft - Remembrance Day Craft 1 1:30 Physio Group Exercises (Cherry) 1:30 Chaplain Visits 2:15 Game: Left Right, Centre	10:15 Whiteboard Word Games 2 11:00 Physio Group Exercises (Cherry) 2:15 Name that Tune with Hot Apple Cider	10:15 Manicures 3 1:30 Chaplain Visits 2:15 November Trivia on TV 3:00 Sparkling Specs	10:15 DIY Cranium Crunches 4 1:30 Physio Group Exercises (Willow) 3:00 Touch2Play Games	National Donut Day 5 10:15 Fun Facts About Donuts 11:00 Physio Group Exercises (Willow) 2:15 Donut Decorating
Daylight Savings Time Ends (Turn Clocks Back 1 Hour) 6 10:30 Chapel Service 10:45 Virtual Sunday Service 1:30 Chaplain Visits 2:15 Indoor Bowling	10:15 Bingo 7 11:00 Room Visits 2:15 Sit & Stretch & Rhyming Ball Toss	10:30 Inspire 8 1:30 Physio Group Exercises (Cherry) 1:45 Movie Matinee 2:00 Recreation Staff Meeting 10:15 DIY - Word Search	11:00 Physio Group Exercises (Cherry) 9 2:30 Music Entertainment with Blue Skies	10:15 Manicures 10 11:15 Chaplain Visits 2:15 Game: Who, What, Where? 3:00 Sparkling Specs	Remembrance Day 11 10:45 Virtual Ottawa Remembrance Day Service 12:30 Veteran's Luncheon 1:30 Physio Group Exercises (Willow) 2:30 Remembrance Day Service	11:00 Physio Group Exercises (Willow) 12 2:15 Gaither Gospel
10:45 Virtual Sunday Service 13 2:15 Indoor Bowling	10:15 Independent Word Search 14 2:15 Documentary: World's Greatest Dogs	10:15 Craft - Beading 15 1:30 Physio Group Exercises (Cherry) 1:30 Chaplain Visits 2:15 Pairing/ Separating Socks	10:15 Whiteboard Word Games 16 11:00 Physio Group Exercises (Cherry) 2:15 Counting Vending Machine Change	10:15 Manicures 17 12:00 Lunch Program: Fish & Chips (Sign-Up) 1:30 Chaplain Visits 2:15 You Pick 'Em, We Sing 'Em	10:15 DIY Cranium Crunches 18 1:30 Physio Group Exercises (Willow) 3:00 Touch2Play Games	10:30 Drum Circle 19 11:00 Physio Group Exercises (Willow) 1:30 Chaplain Visits 2:30 Piano Music with Craig Hancock
10:30 Chapel Service 20 10:45 Virtual Sunday Service 1:30 Chaplain Visits 2:15 Indoor Bowling 2:30 Poet Tree	10:15 Bingo 21 11:00 Room Visits 2:15 Sit & Stretch & Axe Throwing	10:30 Hope Group 22 1:00 DIY - Crossword 1:30 Physio Group Exercises (Cherry) 1:45 Food Advisory & Residents' Council Meeting	Visiting Library Delivery 23 10:15 Whiteboard Word Games 11:00 Physio Group Exercises (Cherry) 2:15 Baking	9:00 Macy's Day Parade on TV 24 10:15 Manicures 1:30 Chaplain Visits 2:15 Game: Family Feud	10:15 Crafts 25 10:15 Knitting & Crocheting Club 1:30 Physio Group Exercises (Willow) 2:30 Music Entertainment with Cam Denomme	11:00 Physio Group Exercises (Willow) 26 1:30 Creative Expressions 2:15 Hot Chocolate & Marshmallows
10:45 Virtual Sunday Service 27 2:15 Indoor Bowling	10:15 Bingo 28 11:00 Room Visits 2:15 Sit & Stretch & Mini Putt	10:15 Craft: Card Making 29 1:30 Physio Group Exercises (Cherry) 7:00 Celebration of Life Service	10:15 Whiteboard Word Games 30 11:00 Physio Group Exercises (Cherry)	WILLOW SUITES		